Hybrid Inflation in the Complex Plane

W. Buchmüller^a, V. Domcke^b, K. Kamada^c, K. Schmitz^d

a Deutsches Elektronen-Synchrotron DESY, 22607 Hamburg, Germany b SISSA/INFN, 34100 Trieste, Italy

c Institut de Théorie des Phénomènes Physiques, École Polytechnique Fédérale de Lausanne, 1015 Lausanne, Switzerland

d Kavli IPMU (WPI), TODIAS, University of Tokyo, Kashiwa 277-8583, Japan

Abstract

Supersymmetric hybrid inflation is an exquisite framework to connect inflationary cosmology to particle physics at the scale of grand unification. Ending in a phase transition associated with spontaneous symmetry breaking, it can naturally explain the generation of entropy, matter and dark matter. Coupling F-term hybrid inflation to soft supersymmetry breaking distorts the rotational invariance in the complex inflaton plane—an important fact, which has been neglected in all previous studies. Based on the δN formalism, we analyze the cosmological perturbations for the first time in the full two-field model, also taking into account the fast-roll dynamics at and after the end of inflation. As a consequence of the two-field nature of hybrid inflation, the predictions for the primordial fluctuations depend not only on the parameters of the Lagrangian, but are eventually fixed by the choice of the inflationary trajectory. Recognizing hybrid inflation as a two-field model resolves two shortcomings often times attributed to it: The fine-tuning problem of the initial conditions is greatly relaxed and a spectral index in accordance with the PLANCK data can be achieved in a large part of the parameter space without the aid of supergravity corrections. Our analysis can be easily generalized to other (including large-field) scenarios of inflation in which soft supersymmetry breaking transforms an initially single-field model into a multi-field model.

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1 Introduction

Supersymmetric hybrid inflation is a promising framework for describing the very early universe. Not only does it account for a phase of accelerated expansion; it also provides a detailed picture of the subsequent transition to the radiation dominated phase. Different versions are F-term [1,2], D-term [3,4] and P-term [5] inflation, with supersymmetry during the inflationary phase being broken by an F-term, a D-term or a mixture of both, respectively.

Hybrid inflation is very attractive for a number of reasons. It can be naturally embedded into grand unification, and the GUT scale M_{GUT} yields the correct order of magnitude for the amplitude of the primordial scalar fluctuations [2]. Moreover, supergravity corrections are typically small, since during inflation the value of the inflaton field is $\mathcal{O}(M_{\text{GUT}})$, i.e. much smaller than the Planck scale. Hybrid inflation ends by tachyonic preheating, a rapid 'waterfall' phase transition in the course of which a global or local symmetry is spontaneously broken [6]. Pre- and reheating have recently been studied in detail for the case where this symmetry is B-L, the difference between baryon and lepton number. The decays of heavy B-L Higgs bosons and heavy Majorana neutrinos can naturally explain the primordial entropy, the observed baryon asymmetry and the dark matter abundance [7–9].¹ Finally, inflation, preheating and the formation of cosmic strings are all accompanied by the generation of gravitational waves that can be probed with forthcoming gravitational wave detectors [12–16].

The supersymmetric extension of the Standard Model with local B-L symmetry is described by the superpotential

$$W = \lambda \Phi \left(\frac{v^2}{2} - S_1 S_2 \right) + \frac{1}{\sqrt{2}} h_i^n n_i^c n_i^c S_1 + h_{ij}^{\nu} \mathbf{5}_i^* n_j^c H_u + W_{\text{MSSM}} \,. \tag{1}$$

The first term is precisely the superpotential of F-term hybrid inflation, with the singlet superfield Φ containing the inflaton ϕ and the waterfall superfields S_1 and S_2 containing the Higgs field χ responsible for breaking B-L at the scale v. The next two terms involve the singlet superfields n_i^c whose fermionic components represent the charge conjugates of the three generations of right-handed neutrinos. These two terms endow the singlet neutrinos with a Majorana mass term and a Yukawa coupling to the MSSM Higgs and lepton doublets, denoted here by H_u and $\mathbf{5}^*$ in SU(5) notation. λ and h are coupling constants.

In a universe with an (almost) vanishing cosmological constant, F-term supersymmetry breaking leads to a constant term in the superpotential,

$$W_0 = \alpha \, m_{3/2} M_{\rm Pl}^2 \,, \tag{2}$$

where $m_{3/2}$ is the vacuum gravitino mass at low energies and α a model-dependent $\mathcal{O}(1)$ parameter. In the Polonyi model, one has $\alpha = \exp(\sqrt{3}-2)$ [17]. For definiteness, we choose $\alpha \equiv 1$ in the following. We assume that the supersymmetry breaking field is located in its minimum and

¹For related earlier work, cf. Refs. [10, 11].

that its dynamics can be neglected during inflation. Together with the non-vanishing F-term of the inflaton field during inflation, $F_{\Phi} = \lambda v^2/2$, this constant term in the superpotential induces a term linear in the real part of the inflaton field in the scalar potential [18],

$$V(\phi) \supset -[3W(\phi) - F_{\Phi}\phi] \frac{W_0^*}{M_{\rm Pl}^2} + \text{h.c.} \supset -4\alpha \, m_{3/2} \,\text{Re} \,\{F_{\Phi}\phi\} , \quad W(\Phi) = F_{\Phi}\Phi + \dots .$$
(3)

The real and the imaginary part of the inflaton field are thus governed by different equations of motion, requiring an analysis of the inflationary dynamics in the complex inflaton plane. As a consequence, all of the inflationary observables are sensitive to the choice of the inflationary trajectory. In this sense, the measured values of these quantities do not point to a particular Lagrangian or specific values of the fundamental model parameters. To large extent, they are the outcome of a random selection among different initial conditions which has no deeper meaning within the model itself. We emphasize that these conclusions apply in general to every inflationary model in which inflation is driven by one or several large F-terms. In the presence of soft supersymmetry breaking, these F-terms will always couple to the constant in the superpotential and thus induce linear terms in the scalar potential of exactly the same form as in Eq. (3). The analysis in this paper can hence be easily generalized to other models of inflation, in particular also to models of the large-field type.

Taking the two-field nature of hybrid inflation into account, we find that the initial conditions problem of hybrid inflation is significantly relaxed and we can obtain successful inflation in accordance with the PLANCK data [19] without running into problems due to cosmic strings [20]. First results of this two-field analysis were presented in Ref. [21]. Non-supersymmetric multi-field hybrid inflation, commonly referred to as 'multi-brid' inflation, has been studied in Refs. [22,23]. The model investigated here differs from multi-brid inflation in two regards: (i) we embed inflation into a realistic model of particle physics and (ii) we study inflation in the context of softly broken supersymmetry. Furthermore, we note that, during the final stages of preparing this paper, evidence for a B-mode signal in the polarization of the CMB radiation was announced by the BICEP2 Collaboration [24]. In App. B, we discuss the implications of this very recent development on F-term hybrid inflation.

Our discussion is organized as follows. In Sec. 2, we analyze the connection between W_0 and the spectral index analytically for inflation along the real axis. In Sec. 3, we then turn to the generic situation of arbitrary inflationary trajectories in the complex plane. We perform a full numerical scan of the parameter space, based on a customized version of the δN formalism, in order to determine the inflationary observables and again reconstruct our results analytically. Sec. 4 demonstrates how these results relax the initial conditions problem of F-term hybrid inflation and Sec. 5 is dedicated to an investigation of the allowed range for the gravitino mass. Finally, we conclude in Sec. 6. As a supplement, we derive in App. A simple analytical expressions that allow to estimate the scalar amplitude as well as the scalar spectral tilt in general multi-field models of inflation in the limit of negligible effects due to isocurvature perturbations.

2 Hybrid inflation on the real axis

2.1 Successes and shortcomings

The potential energy of the complex inflaton field $\phi = \frac{1}{\sqrt{2}}\varphi e^{i\theta}$, determined by the superpotential given in Eqs. (1) and (2), receives contributions from the classical energy density of the false vacuum [1], from quantum corrections [2], from supergravity corrections [25] and from soft supersymmetry breaking [18],

$$V(\phi) = V_0 + V_{\rm CW}(\phi) + V_{\rm SUGRA}(\phi) + V_{3/2}(\phi), \qquad (4)$$

$$V_0 = \frac{\lambda^2 v^4}{4},\tag{5}$$

$$V_{\rm CW}(\phi) = \frac{\lambda^4 v^4}{32\pi^2} \ln\left(\frac{|\phi|}{v/\sqrt{2}}\right) + \dots, \qquad (6)$$

$$V_{\rm SUGRA}(\phi) = \frac{\lambda^2 v^4}{8M_{\rm Pl}^4} |\phi|^4 + \dots,$$
(7)

$$V_{3/2}(\phi) = -\lambda v^2 m_{3/2}(\phi + \phi^*) + \dots, \qquad (8)$$

where $M_{\rm Pl} \simeq 2.44 \times 10^{18}$ GeV denotes the reduced Planck mass. During inflation, the energy density of the Universe is dominated by the false vacuum contribution V_0 , while the inflaton dynamics are governed by the field-dependent terms $V_{\rm CW}$, $V_{\rm SUGRA}$ and/or $V_{3/2}$. Inflation ends when the waterfall field χ becomes tachyonically instable at $\varphi = v$. The scalar potential determines the predictions for the amplitude A_s and the spectral tilt n_s of the scalar power spectrum as well as the amplitude $f_{\rm NL}^{\rm local}$ of the local bispectrum. These should be compared to the recent measurements by the PLANCK satellite [20, 26],

$$A_s = (2.18^{+0.06}_{-0.05}) \times 10^{-9}, \quad n_s = 0.963 \pm 0.008, \quad f_{\rm NL}^{\rm local} = 2.7 \pm 5.8.$$
(9)

In the following, we shall consider Yukawa couplings $\lambda \gtrsim 10^{-5}$, comparable to Standard Model Yukawa couplings, and $v \sim \mathcal{O}(M_{\rm GUT})$. In this case, supergravity corrections are negligible, cf. Ref. [18].² Most analyses also neglect the linear term in Eq. (8), which arises due to soft supersymmetry breaking. For small values of λ and sufficiently large gravitino masses, this term is however important and can even dominate the inflaton potential [18].

Hybrid inflation with a linear term has been analyzed in detail in Ref. [27]. The authors focused on initial conditions along the real axis with $\theta_i = \pi$, to avoid fine-tuning of the initial conditions.³ The linear term namely induces a local minimum at large field values in the inflaton potential and for $\theta_i \neq \pi$ the inflaton may get trapped in this false minimum, preventing successful

 $^{^{2}}$ In our numerical analysis described in Sec. 3.1, we however do incorporate the full supergravity expression.

³Note that our sign convention for the linear term differs from the one in Ref. [27]. We also remark that the inflaton potential in Eq. (4) is invariant under reflection across the real axis, $\theta \to -\theta$. This restricts the range of physically inequivalent values for, say, final inflaton phases at the end of inflation, θ_f , from $(-\pi, \pi]$ to $[0, \pi]$, which is why we will not consider any further negative θ_f values in the following.



Figure 1: Contour lines in the (v, λ) plane along which inflation on the real axis succeeds in reproducing the observed value of A_s ; the red and blue contours correspond to $\theta_f = 0$ and $\theta_f = \pi$, respectively. The gravitino mass is varied over four different values, $m_{3/2} = 0.1$, 1, 10 and 100 TeV, and consistency with the observed value of the scalar spectral index is indicated by the green contour segments. The region to the right of the thick light-blue line is excluded due to the non-observation of cosmic strings.

inflation if the initial conditions are chosen unfittingly. For $\theta_i = \pi$, successful inflation is difficult to achieve but possible for carefully chosen parameter values. The observed spectral index can be obtained by resorting to a non-minimal Kähler potential [28].

Recently, it has been observed that for inflation along the real axis with $\theta_i = 0$ the observed spectral index can be obtained for a canonical Kähler potential [29,30] in the hill-top regime of hybrid inflation [31], if one allows for severe fine-tuning of the initial conditions. Furthermore, the current bound on the tension of cosmic strings [20] is naturally satisfied in this case,

$$G\mu < 3.2 \times 10^{-7} \,, \tag{10}$$

where $G = (8\pi M_{\rm Pl}^2)^{-1}$ is Newton's constant and $\mu \simeq 2\pi v^2$ is the string tension [15]. These are interesting results despite the fine-tuning problem of initial conditions. In both cases, $\theta_i = 0$ and $\theta_i = \pi$, the inflaton phase remains unchanged during inflation, so that at the end of inflation the final phase θ_f either corresponds to 0 or to π . In Fig. 1, we compare the constraints on the parameters v and λ imposed by the normalization of the scalar power spectrum for these two situations. In doing so, we also vary the gravitino mass and determine the parameter combinations for which the scalar spectral index falls into the 2σ range around the measured best-fit value. The results shown in Fig. 1 are based on the numerical analysis described in Sec. 3. We observe that, while the case $\theta_f = \pi$ (blue contours) is almost excluded by the cosmic string constraint, this constraint is automatically satisfied in most of the parameter space for the case $\theta_f = 0$ (red contours). To sum up, we find that hybrid inflation on the positive real axis is able to reproduce the scalar spectral index for a canonical Kähler potential and is in less severe tension with the non-observation of cosmic strings. At the same time, hybrid inflation on the negative real axis has the virtue that it does not require the initial position of the inflaton to be finely tuned.

2.2 Understanding the hill-top regime

In this section, our goal is to analytically reconstruct our results for A_s and n_s depicted in Fig. 1 for the case of hybrid inflation on the real axis in the the hill-top regime ($\theta_f = 0$) based on a canonical Kähler potential. This analysis will prove to be a useful preparation for our general investigation of hybrid inflation in the complex plane in Sec. 3. As the amplitude of the local bispectrum $f_{\rm NL}^{\rm local}$ is slow-roll suppressed in the single-field case, we do not study it in this section; for a discussion of $f_{\rm NL}^{\rm local}$ in the general two-field scenario, cf. Sec. 3.2.

The inflaton field is a complex scalar, $\phi = \frac{1}{\sqrt{2}}(\sigma + i\tau)$, and the relevant variables are its real and imaginary parts normalized to the symmetry breaking scale $v, x \equiv \sigma/v$ and $y \equiv \tau/v$. During the inflationary phase, the inflaton potential is flat in global supersymmetry at tree-level. The one-loop quantum and tree-level supergravity corrections only depend on $|\phi|$, the absolute value of the inflaton field. Supersymmetry breaking generates an additional term linear in σ , such that one obtains for the scalar potential

$$V(x,y) \simeq V_0 + af(z) - bx$$
, $z \equiv x^2 + y^2$, $a \equiv \frac{\lambda^4 v^4}{128\pi^2}$, $b \equiv \sqrt{2\lambda} v^3 m_{3/2}$. (11)

where we have neglected the quartic supergravity term and with the one-loop function

$$f(z) \equiv (z+1)^2 \ln(z+1) + (z-1)^2 \ln(z-1) - 2z^2 \ln z - 1.$$
 (12)

We choose the sign convention such that b > 0. For z > 1, i.e. $\sigma^2 + \tau^2 > v^2$, inflation can take place, ending in a waterfall transition at $z = 1.^4$ In the slow-roll regime, the equations of motion for the two real inflation fields σ and τ as well as the Friedmann equation for the Hubble parameter H read,

$$3H\dot{\sigma} = -\partial_{\sigma}V, \quad 3H\dot{\tau} = -\partial_{\tau}V, \quad H^2 = \frac{V}{3M_{\rm Pl}^2}.$$
 (13)

As V_0 vastly dominates the potential energy V for all times during inflation, we shall approximate H^2 by $H_0^2 = V_0/(3M_{\rm Pl}^2)$ in the following for the purposes of our analytical calculations.

The number of *e*-folds between a critical point ϕ_c , at which inflation ends, and an arbitrary point ϕ in the complex plane are given by a line integral along the inflationary trajectory,

$$N(\phi) = -\int_{t(\phi_c)}^{t(\phi)} Hdt \,. \tag{14}$$

⁴Typically, the slow-roll condition for the slow-roll parameter η , cf. Eq. (17), is violated slightly before z = 1 is reached. We will take this into account when solving the equations of motion for the inflaton fields numerically. For the purpose of the analytical estimates of this section, this effect is negligible.

As explained in App. A, in general multi-field models of inflation, the scalar amplitude A_s and the scalar spectral tilt n_s are approximately given by the simple single-field-like expressions

$$A_s = \frac{H^2}{8\pi^2 \epsilon M_{\rm Pl}^2}, \quad n_s = 1 - 6 \epsilon + 2\eta,$$
 (15)

if (and only if) isocurvature modes during inflation do not give a significant contribution to the scalar power spectrum. ϵ and η are the slow-roll parameters along the inflationary trajectory,

$$\epsilon = \frac{1}{2} M_{\rm Pl}^2 \frac{\partial^a V \partial_a V}{V^2} \,, \tag{16}$$

$$\eta = \frac{M_{\rm Pl}^2}{V} \frac{1}{\partial^c V \partial_c V} \partial^a V (\partial_a \partial_b V) \partial^b V, \qquad (17)$$

with the inflaton 'flavor' indices a, b and c all running over σ and τ . In the following, we shall use these expression to obtain simple analytical estimates for A_s and n_s . Hence, in order to make connection between our predictions and the measured values for the inflationary observables, we need to evaluate ϵ and η in Eqs. (16) and (17) $N_* \simeq 50$ *e*-folds before the end of inflation, when the CMB pivot scale $k_* = 0.05 \,\mathrm{Mpc}^{-1}$ exits the Hubble horizon.

In this section, we shall restrict ourselves to inflation along the real axis. Since

$$3H\dot{y} = -\frac{1}{v^2}\partial_y V = -\frac{2a}{v^2}f'(z)\,y\,,$$
(18)

with $f'(z) = \partial_z f(z)$, the real axis with y = 0 is a indeed a stable solution of the slow-roll equations. In x direction, one has

$$3H\dot{x} = -\frac{1}{v^2}\partial_x V = -\frac{1}{v^2}\left(2af'(z)\,x - b\right)\,.$$
(19)

If the constant term b can be neglected, one obtains the standard form of hybrid inflation. In this case, $N_* \simeq 50$ e-folds correspond in field space to a point $|x_*| \gg 1$, where $f'(x_*^2) \simeq 2/x_*^2$, which leads to the spectral index

$$n_s \simeq 1 - \frac{1}{N_*} \simeq 0.98$$
. (20)

This value is disfavoured by the recent PLANCK data. It deviates from the measured central value $n_s \simeq 0.96$ by about 3σ .

For sufficiently large values of b, an interesting new regime opens up for field values very close to the critical point [30]. This is apparent from Fig. 2, where the potential is displayed for representative values of v, λ and $m_{3/2}$. Note that the first derivative of the loop-induced potential is always positive,

$$f'(z) = 2(z+1)\ln\left(1+\frac{1}{z}\right) + 2(z-1)\ln\left(1-\frac{1}{z}\right) > 0.$$
 (21)

As a consequence, for initial conditions $x_i > 1$, cancellations between the gradients of the linear term and the one-loop potential can lead to extreme slow roll. The second derivative of the loop potential is always negative,

$$f''(z) = 2\ln\left(1 - \frac{1}{z^2}\right) < 0,$$
 (22)



Figure 2: Scalar potential for inflation along the real axis in the complex inflaton field space after adding a constant term W_0 to the superpotential. Slow-roll inflation is possible for both $\theta = 0$ and $\theta = \pi$. Here, we have chosen parameter values $v = 3.6 \times 10^{15}$ GeV, $\lambda = 2.1 \times 10^{-3}$ and $m_{3/2} = 50$ TeV.

and diverges for $z \to 1$. This allows small values of n_s , if x_* is sufficiently close to the critical point. For the example shown in Fig. 2, the point of 50 *e*-folds is $x_* \simeq 1.3$. Note that successful inflation requires carefully chosen initial conditions. The inflaton rolls in the direction of the critical point only if $x_i \leq 1.5$. We will come back to the problems related to the necessary tuning of the initial conditions in more detail in Sec. 4. Also for initial values $x_i < -1$, the linear term significantly modifies the loop-induced potential, but qualitatively the picture does not change.

Let us now consider the hill-top regime quantitatively. Close to the critical point, i.e. for $x_* - 1 \ll 1$, one has for the first and the second derivative of the one-loop function f

$$\partial_x f(x^2) \Big|_{x_*} = 4x_* \left[\left(x_*^2 - 1 \right) \ln \left(x_*^2 - 1 \right) + \left(x_*^2 + 1 \right) \ln \left(x_*^2 + 1 \right) - 2x_*^2 \ln x_*^2 \right] \\ = 8 \ln 2 + \mathcal{O}(x_* - 1) \,, \tag{23}$$

$$\partial_x^2 f(x^2) \Big|_{x_*} = 12 \, x_*^2 \ln\left(1 - \frac{1}{x_*^4}\right) + 4 \ln\left(\frac{x_*^2 + 1}{x_*^2 - 1}\right) \\ = 8 \ln\left[8(x_* - 1)\right] + \mathcal{O}(x_* - 1) \,.$$
(24)

The value of x_* is determined by, cf. Eq. (14),

$$N_* = \frac{v^2}{M_{\rm Pl}^2} \int_1^{x_*} \frac{V}{\partial_x V} \, dx \,, \tag{25}$$

and using Eq. (23) one obtains

$$N_* = \frac{v^2}{M_{\rm Pl}^2} \frac{4\pi^2}{\lambda^2 (1-\xi) \ln 2} \left(x_* - 1\right),\tag{26}$$

where the parameter ξ measures the relative importance of the two contributions to the slope

of the potential in Eq. (11),

$$\xi \equiv \frac{2^{9/2} \pi^2}{\lambda^3 \ln 2} \, \frac{m_{3/2}}{v} \,. \tag{27}$$

Consistency (i.e. the inflaton rolling towards the critical line) requires $\xi < 1$, which yields an upper bound on the gravitino mass, cf. also the discussion in Sec. 5,

$$m_{3/2} < \frac{\lambda^3 \ln 2}{2^{9/2} \pi^2} v.$$
 (28)

Clearly, tuning λ and $m_{3/2}$, one can move x_* very close to the critical point. This enhances the amplitude of the scalar fluctuations,

$$A_s = \left. \frac{H_0^2}{8\pi^2 \epsilon M_{\rm Pl}^2} \right|_{x_* \approx 1} = \frac{\pi^2}{3(\ln 2)^2 \,\lambda^2 \,(1-\xi)^2} \,\left(\frac{v}{M_{\rm Pl}}\right)^6 \,. \tag{29}$$

From Eqs. (15), (17) and (24) one obtains for the spectral index

$$n_s - 1 \simeq 2 \eta|_{x_* \approx 1} \simeq \frac{\lambda^2}{2\pi^2} \frac{M_{\rm Pl}^2}{v^2} \ln\left(\frac{2\ln 2 \lambda^2}{\pi^2} \frac{M_{\rm Pl}^2}{v^2} N_*(1-\xi)\right).$$
(30)

Finally, eliminating ξ by means of Eq. (29), one obtains a relation between the spectral index and the amplitude of scalar fluctuations, which is independent of the gravitino mass,

$$n_s - 1 \simeq -\frac{\lambda^2}{4\pi^2} \frac{M_{\rm Pl}^2}{v^2} \ln\left(\frac{3\pi^2 A_s}{4\lambda^2 N_*^2} \frac{M_{\rm Pl}^2}{v^2}\right) \,. \tag{31}$$

Note that this relation is very different from standard hybrid inflation, where A_s and n_s are determined by v and N_* , respectively, and where the dependence on λ is very weak.

For larger couplings λ , the gradient of the one-loop potential increases and a longer path in field space is needed to obtain $N_* \simeq 50$ *e*-folds. To achieve this for GUT-scale field values, i.e. $x_* = \mathcal{O}(1)$, a larger gravitino mass is needed to reduce the gradient of the total potential. A rough estimate for the spectral index can be obtained by using for the second derivative of the potential the approximation for large field values, $\partial_x^2 f|_{x_*} \simeq -4/x_*^2$, which yields

$$n_s - 1 \sim -\frac{\lambda^2}{4\pi^2} \frac{M_{\rm Pl}^2}{v^2} \frac{1}{x_*^2} \,. \tag{32}$$

This expression agrees with Eq. (31) up to an $\mathcal{O}(1)$ factor. Note that a numerical determination of x_* is needed in order to obtain quantitative result for n_s .

The domain of successful inflation in the (v, λ) plane reproducing the measured amplitude of the scalar fluctuations and the spectral index is displayed in Fig. 3. The left panel shows the result of a numerical analysis. Since the real axis is merely a special case of all possible trajectories in the complex plane, these results were obtained using the two-field method described in Sec. 3.1. For each (v, λ) pair, the measured amplitude of the primordial fluctuations is used to fix the gravitino mass, cf. the grey contour lines. In the green band, the spectral index lies in the range $n_s = 0.963 \pm 0.016$, cf. Eq. (9). In the right panel, the numerical results are compared with



Figure 3: Constraints on the model parameters of hybrid inflation, v, λ and $m_{3/2}$, imposed by the measured values for the inflationary observables and the cosmic string bound (light-blue curve) for $\theta_f = 0$. For each (v, λ) pair, the gravitino mass is adjusted, as indicated by the grey contour lines in the **left panel**, such that the scalar amplitude A_s comes out right. In the region labeled $A_s^{\min} > A_s^{obs}$, our prediction for A_s is always larger than the observed value A_s^{obs} , even if $m_{3/2}$ is set to 0. Along the solid black lines, the best-fit value for the scalar spectral index is reproduced, with the green band indicating the corresponding 2σ confidence interval. All of the black and grey contour curves in both panels are the result of our full numerical calculation, cf. Sec. 3. The red and blue curves in the **right panel** are by contrast based on our (semi-)analytical results for n_s in the small- x_* and large- x_* regime, respectively, cf. Eqs. (31) and (32). The initial field values x_* are indicated by the grey dot-dashed contour lines.

the analytical estimates. The small- x_* approximation in Eq. (31) works approximately up to $x_* - 1 \sim 0.1$, whereas Eq. (32), after inserting numerical values for x_* , provides a rough estimate for $x_* - 1 \gtrsim 0.1$. The four parameter points discussed in Ref. [30] correspond to $x_* - 1 \sim 0.01$, i.e. they require a rather strong fine-tuning of the initial position of the inflaton field.

3 Hybrid inflation in the complex plane

So far, we have considered inflation for $\theta = 0$. Due to the linear term in the inflaton potential, a new interesting hilltop region has emerged, which allows for a small spectral index consistent with observation. This improvement in n_s is only achieved, however, at the price of a considerable fine-tuning of the initial position of the inflaton field on the real axis.

The situation changes dramatically once we take into account the fact that, also due to the linear term in the inflaton potential, F-term hybrid inflation is a two-field model of inflation: As we have demonstrated in Sec. 2, the potential depends in fact differently on the real and the imaginary part of the inflaton field ϕ and not only on its absolute value φ . The rotational



Figure 4: Two-field dynamics of the complex inflaton in field space. The solid green lines represent possible inflationary trajectories in the scalar potential $V(\sigma, \tau)$ (dot-dashed orange contour lines.) Lines of constant N are marked by dashed blue contours, with the beginning and end of inflation ($N = N_*$ and N = 0, respectively) marked by thicker contours. Along the light-blue trajectory, the measured values of A_s and n_s are reproduced. The model parameters are again set to $v = 3.6 \times 10^{15}$ GeV, $\lambda = 2.1 \times 10^{-3}$ and $m_{3/2} = 50$ TeV, cf. Fig. 2.

invariance in the complex plane is thus broken, which is why, depending on the initial value of the inflaton phase, θ_i , the inflaton may actually traverse the field space along complicated trajectories that strongly deviate in shape from the simple trajectories on the real axis.⁵ In order to obtain a complete picture of hybrid inflation, it is therefore important to extend our analysis from the previous section to the general case of inflation in the complex plane. To do so, we will first introduce our formalism, by means of which we are able to calculate predictions for the inflationary observables in the case of multi-field inflation. Then, we will apply this formalism to hybrid inflation in the complex plane and present our numerical results. After that, we will finally demonstrate how our numerical findings can be roughly reconstructed based on analytical expressions.

3.1 Inflationary observables in the δN formalism

The analytical estimates presented in the previous section were mostly based on an effective single-field approximation. However, in order to fully capture the two-field nature of hybrid inflation, we have to go beyond this approximation and perform a numerical analysis of the inflationary dynamics in the complex plane. In doing so, we shall employ an extended version of the so-called 'backward method' developed by Yokoyama et al. [32, 33] in the context of the δN formalism [34–39].

⁵This is illustrated in Figs. 4 and 5, which show a set of possible inflationary trajectories in field space for typical parameter values. We will come back to these plots in Sec. 3.2, when presenting our numerical results.



Figure 5: Effect of a large constant term in the superpotential, $W_0 = m_{3/2} M_{\text{Pl}}^2$, on the inflationary trajectories in the complex plane. Colour code, labels and parameter values as in Fig. 4, but now with $m_{3/2} = 150$ TeV.

The essence of the δN formalism is that it identifies the curvature perturbation ζ on uniform energy density hypersurfaces as the fluctuation δN in the number of *e*-folds which is induced by the fluctuation of the inflaton in field space, $\delta \phi$, around its homogeneous background value,⁶

$$\zeta \approx \delta N \,. \tag{33}$$

In calculating δN , one is free to either specify a boundary condition $N = N^{(0)}$ at early or at late times and then either evolve N forward or backward in time. Obviously, the backward method described by Yokoyama et al. [32,33] pursues the latter approach, cf. also the geometrical analysis presented in Ref. [40]. The former approach is implemented in the 'forward method' developed by the authors of Refs. [41, 42]. Either way, it is important to notice that the δN formalism in its standard formulation, cf. Eq. (34), comes with intrinsic limitations. For instance, the possible interference between different modes at the time of Hubble exit is usually neglected and all perturbations are instead taken to be uncorrelated and Gaussian. Likewise, the universe is assumed to eventually reach the adiabatic limit with no isocurvature modes remaining at late times. Finally, the decaying modes in the curvature perturbation spectrum cannot be accounted for by the δN formalism. More advanced computational techniques to overcome this latter problem have recently been proposed in the literature [43]. But, as we do not have to deal with

⁶More concretely, δN is calculated as the fluctuation in the number of *e*-folds between the initial flat hypersurface at $t = t_*$, i.e. at the time when the CMB pivot scale $k_* = 0.05 \,\mathrm{Mpc}^{-1}$ exists the Hubble horizon, and some appropriately chosen final uniform energy density hypersurface at $t = t_f$, on which all possible inflationary trajectories have already converged. This latter hypersurface is hence constructed such that, for all later times, the universe is in the adiabatic regime and can be described by a single cosmic clock. Consequently, the curvature perturbation ζ remains constant for all times $t \geq t_f$.

any, say, temporal violation of the slow-roll conditions, these decaying modes are negligible in our case just as in any other 'standard scenario' of slow-roll inflation. We therefore do not have to resort to a more sophisticated method and can safely stick to the δN formalism. Similarly, as the two slow-roll parameters ϵ and η are always small except during the last few *e*-folds of inflation, we will make use of the slow-roll approximation for most of the inflationary period. At the same time, the smallness of ϵ and η also guarantees that the 'relaxed slow-roll conditions' stated in Ref. [32] are satisfied for most times. This justifies why Yokoyama et al.'s backward method is applicable to our inflationary model in its slow-roll formulation.

In the δN formalism, the inflationary observables A_s , n_s and $f_{\rm NL}^{\rm local}$ are all determined by the derivatives of the function N w.r.t. to the various directions in field space,

$$A_{s} = \left(\frac{H}{2\pi}\right)^{2} N^{a} N_{a} , \quad n_{s} = 1 - 2\left(\frac{H'}{H} + \frac{N^{a} N'_{a}}{N^{b} N_{b}}\right) , \quad f_{\rm NL}^{\rm local} = \frac{5}{6} \frac{N^{a} N_{ab} N^{b}}{\left(N^{c} N_{c}\right)^{2}} , \qquad (34)$$

where N_a and N_{ab} are the first and second partial derivatives of N in the sense of a function on field space and with a prime denoting differentiation w.r.t. to N in the sense of a time coordinate. For an arbitrary number of canonically normalized real inflaton fields ϕ^c , we have⁷

$$N_a(N) = \frac{\partial N\left(\{\phi^c(N)\}\right)}{\partial \phi^a}, \quad N_{ab}(N) = \frac{\partial^2 N\left(\{\phi^c(N)\}\right)}{\partial \phi^a \partial \phi^b}, \quad X'(N) = \frac{dX(N)}{dN}.$$
 (35)

As we shall not consider the possibility of a non-canonical Kähler potential, we have assumed canonical kinetic terms for all scalar fields in writing down Eq. (34).⁸

In order to obtain predictions for A_s , n_s and $f_{\rm NL}^{\rm local}$ which can be compared with observations, all quantities on the right-hand sides of the relations in Eq. (34) need to be evaluated at $N = N_*$. As for N_a and N_{ab} , the traditional way to do this, followed by many authors in the literature, is to directly calculate N as function on field space by solving the equations of motion for the scalar fields ϕ^c and then to take the partial derivatives of the such obtained expression for N. This 'brute force' approach is, however, prone to numerical imprecisions and in particular not suited for comparing results from different authors. Every author has to come up with his own numerical procedure to compute N and its derivatives, which impedes the comparability of independent studies. By contrast, the backward method by Yokoyama et al. is an elegant and standardizable means of computing the derivatives N_a and N_{ab} directly as the solutions of simple first-order differential equations, rendering the intermediate step of calculating the function Nfirst obsolete. Let us now outline how we adapt this method to the scenario of hybrid inflation in the complex plane.

It is convenient to divide the evolution of the inflaton field in field space into three stages: (i) the phase of slow-roll inflation at early times, (ii) the phase of fast-roll inflation shortly before

⁷In the remainder of this paper, all 'flavour' indices a, b, c, \dots always run over σ and τ , just as in Sec. 2.2.

⁸Typically, the most important consequence of a non-canonical Kähler potential would be the new Plancksuppressed terms it induces in the scalar potential. Such terms could definitely still be included into our analysis without having to modify Eq. (34).

the instability in the scalar potential is reached, and (iii) preheating in the course of the waterfall transition at the end of inflation. In order to quantify the time at which the transition between the slow-roll and the fast-roll stages takes place, we generalize the slow-roll parameters ϵ and η in Eqs. (16) and (17) to the case of multi-field inflation [34],

$$\epsilon_{\rm tot} = \epsilon^a \epsilon_a \equiv \epsilon \,, \quad \eta_{\rm tot} = \left(\eta^{ab} \eta_{ab}\right)^{1/2} \sim |\eta| \,, \quad \epsilon_a = \frac{M_{\rm Pl}}{\sqrt{2}} \frac{V_a}{V} \,, \quad \eta_{ab} = M_{\rm Pl}^2 \frac{V_{ab}}{V} \,. \tag{36}$$

Slow-roll inflation is characterized by both generalized slow-roll parameters being at most of $\mathcal{O}(10^{-1})$. As $\epsilon_{\text{tot}} \ll \eta_{\text{tot}}$ for all times during inflation, the end of slow-roll inflation is marked by the time when $\eta_{\text{tot}} = \eta_{\text{tot}}^0 \equiv 10^{-1/2}$. The radial inflaton component at this time, φ_{η} , can be readily estimated making use of the second derivative of the one-loop potential in the limit of a large field excursion during inflation, $\partial_x^2 f \simeq -4/x^2$. To good approximation, we have⁹

$$\varphi_{\eta} = \varphi \left(\eta_{\text{tot}} = \eta_{\text{tot}}^{0} \right) \simeq \begin{cases} \left(\eta_{\text{tot}}^{0} \right)^{-1/2} \lambda / (2\sqrt{2}\pi) M_{\text{Pl}} & ; \lambda \gg 2\sqrt{2} \pi \left(\eta_{\text{tot}}^{0} \right)^{1/2} v / M_{\text{Pl}} \\ v & ; \lambda \ll 2\sqrt{2} \pi \left(\eta_{\text{tot}}^{0} \right)^{1/2} v / M_{\text{Pl}} \end{cases}$$
(37)

As long as $\varphi \geq \varphi_{\eta}$, the slow-roll approximation is valid and the evolution of φ and θ is governed by the slow-roll equations,

$$\varphi'(N) = M_{\rm Pl}^2 \frac{V_{,\varphi}}{V}, \quad \theta'(N) = \left(\frac{M_{\rm Pl}}{\varphi}\right)^2 \frac{V_{,\theta}}{V}.$$
(38)

In order to solve these equations, we specify boundary conditions for them at the end of slow-roll inflation, $\varphi = \varphi_{\eta}$ and $\theta = \theta_f$, where θ_f is nothing but the free parameter labeling the different possible trajectories in field space, which we introduced in Sec. 2.1. At this point, it is worth emphasizing that technically θ_f is not defined as the inflaton phase at the onset of the waterfall transition, but as the phase at the end of slow roll. If we were to define θ_f as the inflaton phase at the end of fast roll, it would no longer suffice to parametrize the set of inflationary trajectories; in addition to θ_f , one would also have to know the final inflaton velocity $\dot{\phi}$ in order to fully characterize a particular trajectory. For small values of λ , this distinction between the different possibilities to define θ_f is of course irrelevant, since $\varphi_{\eta} \simeq v$. In the large- λ regime, the inflaton phase might however drastically change during the stage of fast roll, in which case it is important to precisely define what is meant by θ_f .

In Eq. (38), we have omitted the interaction between the inflaton and the waterfall field. This reflects the fact that we assume the waterfall field to be stabilized at its origin throughout the entire inflationary phase. Of course, unknown Planck-scale physics could result in the waterfall field having a large initial field value and/or a large initial velocity. But as long as we focus on the field dynamics around the GUT scale, it is natural to assume that the waterfall field has rolled down to its origin before the onset of the last N_* *e*-folds due to is inflaton-induced

⁹In principle, the linear term in the scalar potential induces a slight dependence of η_{tot} on the phase θ . For all relevant gravitino masses, this dependence is however completely negligible. In our numerical analysis, we employ the exact expression for φ_{η} evaluated at $\theta = \pi/2$ for definiteness.

GUT-scale mass. Guided by this expectation, we restrict ourselves to the study of slow-roll inflation in the so-called 'inflationary valley', in which the waterfall field vanishes. An extension of our analysis incorporating arbitrary initial field values and velocities for the inflaton as well as for the waterfall field is left for future work,¹⁰ cf. also our discussion in Sec. 4.

For given values of v, λ , $m_{3/2}$ and θ_f , the slow-roll equations in Eq. (38) have unique solutions, which describe the time evolution of the homogeneous background fields $\varphi(N)$ and $\theta(N)$. At the same time, the slow-roll equations for the fluctuations $\delta\varphi(N)$ and $\delta\theta(N)$ together with the relation $\delta N = N_a \delta \phi^a + \frac{1}{2!} N_{ab} \delta \phi^a \delta \phi^b + \mathcal{O}(\delta \phi^3)$ [34, 37] may be used to derive the following slow-roll transport equations for the partial derivatives N_a [32] and N_{ab} [41],

$$N'_{a}(N) = -P^{b}_{a}N^{b}(N), \quad N'_{ab}(N) = -P^{c}_{a}N_{cb}(N) - P^{c}_{b}N_{ca}(N) - Q^{c}_{ab}N_{c}(N).$$
(39)

Here, P_a^b and Q_{ab}^c are functions of V and its partial derivatives evaluated along the inflationary trajectory, $P = P(N) = P(\varphi(N), \theta(N))$ and $Q = Q(N) = Q(\varphi(N), \theta(N))$,

$$P_a^b = \eta_a^b - 2\,\epsilon_a\,\epsilon^b\,,$$

$$Q_{ab}^c = \frac{1}{M_{\rm Pl}} \left[M_{\rm Pl}^3 \frac{V_{ab}^c}{V} - \sqrt{2}\left(\eta_a^c\epsilon_b + \eta_b^c\epsilon_a + \eta_{ab}\epsilon^c\right) + 4\sqrt{2}\,\epsilon_a\,\epsilon_b\,\epsilon^c \right]\,.$$
(40)

According to Yokoyama et al.'s backward formalism, we specify the initial conditions for the differential equations in Eq. (39) at the end of slow-roll inflation, when $\varphi = \varphi_{\eta}$. In Cartesian coordinates, the hypersurface in field space on which this condition is satisfied is given by

$$\Sigma(\sigma,\tau) = 0, \quad \Sigma(\sigma,\tau) = \varphi - \varphi_{\eta} = \left(\sigma^2 + \tau^2\right)^{1/2} - \varphi_{\eta}.$$
(41)

Often it is assumed that at the end of slow-roll inflation the universe has already reached the adiabatic limit, which is equivalent to taking the energy density or equivalently the Hubble rate on this hypersurface to be constant, $H|_{\Sigma=0} = \text{const.}$ This renders Yokoyama et al.'s method insensitive to the further evolution of the inflaton field at times after $\varphi = \varphi_{\eta}$. As a consequence of this assumption, the conversion of isocurvature into curvature perturbations during the final stages of inflation as well as after inflation is neglected, which may however have important effects in some cases such as, for instance, multi-brid inflation [22, 23, 46]. To remedy this shortcoming of the backward method in its original formulation, we explicitly take into account the variation of the function N on the $\Sigma = 0$ hypersurface. Let us denote $N|_{\Sigma=0}$ by $N^{(0)}$, such that all of the four following conditions are equivalent to each other,

$$\eta_{\text{tot}} = \eta_{\text{tot}}^{0} , \quad \varphi = \varphi_{\eta} , \quad \Sigma(\sigma, \tau) = 0 , \quad N(\sigma, \tau) = N^{(0)}(\sigma, \tau) .$$
(42)

After some algebra along the lines of Refs. [32, 33], we then find the initial values of N_a and N_{ab} at time $N = N^{(0)}$,

$$N_a(N^{(0)}) = N_a^{(0)} + \frac{V}{\Sigma^b V_b} \frac{\Sigma_a}{M_{\rm Pl}^2}, \quad N_{ab}(N^{(0)}) = N_{ab}^{(0)} + \frac{V}{\Sigma^c V_c} \frac{\Sigma_{ab} + \Xi_{ab}}{M_{\rm Pl}^2}, \tag{43}$$

¹⁰Neglecting the effect of spontaneous supersymmetry breaking on hybrid inflation, i.e. working with $W_0 = 0$, arbitrary initial conditions for the inflaton-waterfall system have been discussed in Refs. [44,45], mainly in regard of the question as to which initial conditions are capable of yielding a sufficient number of *e*-folds during inflation.

where all quantities on the right-hand sides of these two relations are to be evaluated at $N = N^{(0)}$ and with Ξ_{ab} being defined as

$$\Xi_{ab} = \frac{1}{M_{\rm Pl}} \left[\left(\frac{\Sigma^e \eta_{ef} \epsilon^f / \sqrt{2} + M_{\rm Pl} \epsilon^e \Sigma_{ef} \epsilon^f}{\Sigma^d \epsilon_d} - \sqrt{2} \epsilon^d \epsilon_d \right) \frac{\Sigma_a \Sigma_b}{2 \Sigma^c \epsilon_c} - \left(\frac{1}{\sqrt{2}} \eta_b^d \Sigma_d + M_{\rm Pl} \Sigma_b^d \epsilon_d \right) \frac{\Sigma_a}{\Sigma^c \epsilon_c} + \sqrt{2} \Sigma_a \epsilon_b \right] + (a \leftrightarrow b) .$$
(44)

Our result for $N_a(N^{(0)})$ is identical to the one derived in Ref. [40], which represents the first analysis properly taking care of the fact that $N^{(0)}$ is in general actually not a constant. By contrast, our expression for $N_{ab}(N^{(0)})$ has not been derived before. It represents a straightforward generalization of the initial conditions for N_{ab} stated in Refs. [32, 33, 41, 42] to the case of non-constant $N^{(0)}$. As we will see shortly, the universe reaches the adiabatic limit in the course of the preheating process. This allows us to fix the origin of the N time axis, N = 0, at some appropriate time during preheating and distinguish between two contributions to the function $N^{(0)}$: the number of *e*-folds elapsing during the final fast-roll stage of inflation, N^{FR} , as well as the number of *e*-folds elapsing during preheating, N^{PH} ,

$$N^{(0)} = N^{\rm FR} + N^{\rm PH} \,. \tag{45}$$

In this sense, our improved treatment of the initial conditions for N_a and N_{ab} now also includes the evolution of curvature and isocurvature modes during fast-roll inflation as well as preheating.

For a given slow-roll trajectory hitting the $\Sigma = 0$ hypersurface for some inflaton phase θ_f , we compute N^{FR} by solving the full equations of motion for the two inflaton fields between the point $\phi = \varphi_{\eta}/\sqrt{2} e^{i\theta_f}$ and the instability in the scalar potential.¹¹ These equations are of second order and thus require us to specify the initial velocities of the inflaton fields on the $\Sigma = 0$ hypersurface, $\varphi'(N^{(0)})$ and $\theta'(N^{(0)})$. The unique choice for these initial conditions ensuring consistency with our treatment of the slow-roll regime obviously corresponds to the expressions in Eq. (38) evaluated at $N = N^{(0)}$ and it is precisely these velocities that we use in computing N^{FR} . Nonetheless, we observe that our results for N^{FR} are rather sensitive to the values we choose for $\varphi'(N^{(0)})$ and $\theta'(N^{(0)})$. This sensitivity becomes weaker once we lower η_{tot}^0 , the critical value of η_{tot} dividing the fast-roll from the slow-roll regime. On the other hand, going to a smaller value of η_{tot}^0 also reduces the portion of the inflationary evolution during which the transport equations in Eq. (39) are to be employed, the simplicity of which motivated us to base our analysis on Yokoyama et al.'s backward method in the first place. It is therefore also under the impression of these observations that, seeking a compromise between too large and too small η_{tot}^0 , we set η_{tot}^0 to an intermediate value such as $10^{-1/2}$ rather than to 10^{-1} or 1.

¹¹In the case of critically large gravitino masses, not all trajectories hitting the $\Sigma = 0$ hypersurface may also reach the instability. Some trajectories may instead only approach a minimal φ value, $v < \varphi_{\min} < \varphi_{\eta}$, and then 'bend over' in order to run towards a local minimum on the real axis located at $\varphi \gg \varphi_{\eta}$, cf. Figs. 8 and 14. Such trajectories must then be discarded as they do not give rise to a possibility for inflation to end.

In order to compute N^{PH} , we solve the full second-order equations of motion for the two inflaton fields σ and τ as well as for the waterfall field χ from the onset of the phase transition up to the time when the Hubble rate has dropped to some fraction f of its initial value H_0 and the universe has reached the adiabatic limit. Here, our numerical calculations indicate that a fraction of $1 - f \sim 1 \% \cdots 10 \%$ is enough, so as to obtain a sufficient convergence of all inflationary trajectories. Moreover, we note that, as $\chi \equiv 0$ is a classically stable solution, it is necessary to introduce a small artificial shift $\Delta \chi$ of the field χ at the beginning of preheating, so as to allow the waterfall field to reach the true vacuum. The two parameters f and $\Delta \chi$ are physically meaningless and just serve as auxiliary quantities in our numerical analysis. Their values must therefore be chosen such that our results for N^{PH} remain invariant under small variation of these parameters.

Our procedure to determine $N^{\rm PH}$ captures of course only the classical dynamics of the waterfall transition and misses potentially important non-perturbative quantum effects. A treatment of preheating at the quantum level however requires numerical lattice simulations, which goes beyond the scope of this paper—and which is actually also not necessary for our purposes. As we are able to demonstrate numerically, $N^{\rm PH}$ and its derivatives never have any significant effect on our predictions for A_s , n_s , and $f_{\rm NL}^{\rm local}$, if solely computed based on classical dynamics. Barring the unlikely possibility that quantum effects yield a substantial enhancement of $N^{\rm PH}$, the evolution of the inflaton during the waterfall transition is thus completely negligible from the viewpoint of inflationary physics. Because of this, we will simply discard the contribution from preheating to the function $N^{(0)}$ in the following and approximate it by its fast-roll contribution, $N^{(0)} \approx N^{\rm FR}$. This also automatically entails that we do not need to consider the evolution of the waterfall field χ any further. As we focus on hybrid inflation in the inflationary valley, we can simply set χ to 0 at all times.

In conclusion, we summarize that, for given values of the parameters v, λ , $m_{3/2}$ and θ_f , we have to perform four steps in order to compute our predictions for the observables A_s , n_s and $f_{\rm NL}^{\rm local}$. (i) First, we determine $N^{(0)} \approx N^{\rm FR}$ by solving the second-order equations of motion for σ and τ from the $\Sigma = 0$ hypersurface to the instability in the scalar potential. Here, we specify the initial velocities of σ and τ such that they are consistent with Eq. (38) evaluated on the $\Sigma = 0$ hypersurface. (ii) Subsequently, we solve the slow-roll equations for φ and θ in Eq. (38) starting on the $\Sigma = 0$ hypersurface and then going backward in time up to the point when the CMB scales leave the Hubble horizon, i.e., in terms of the number of *e*-folds, from $N = N^{(0)}$ up to $N = N_*$. (iii) With the slow-roll solutions for φ and θ at hand, we are able to solve the transport equations for the partial derivatives N_a and N_{ab} in Eq. (39) in the interval $N^{(0)} \leq N \leq N_*$. In doing so, we employ the initial conditions for N_a and N_{ab} at the time $N = N^{(0)}$ in Eq. (43). (iv) The derivatives N_a and N_{ab} evaluated at time $N = N_*$ eventually allows us to calculate the inflationary observables according to Eq. (34).

3.2 Phase dependence of the inflationary observables

Inflationary trajectories in the complex plane

As a first application of the above developed formalism, we are now able to study the dynamics of the inflaton field in the complex plane. In order to find all viable inflationary trajectories in the complex inflaton field space, we impose two conditions: (i) on the $\Sigma = 0$ hypersurface, the slope of the scalar potential in the radial direction must be positive¹² and (ii) the fast-roll motion during the last stages of inflation must end on the instability in the scalar potential,

$$V_{\varphi}(\varphi_{\eta}, \theta_f) > 0, \quad \varphi_{\mathrm{FR}}(N) \to v.$$
 (46)

Together, these two requirements are sufficient to ensure that the inflaton does not become trapped in the local minimum on the positive real axis. For vanishing or small gravitino mass, they are always trivially fulfilled and θ_f can take any value between 0 and π . However, once the slope of the linear term begins to exceed the slope of the one-loop potential, the range of allowed θ_f values becomes more and more restricted, until eventually only phases $\theta_f \sim \pi$ remain viable. This effect is illustrated in Figs. 4 and 5, which respectively show the set of possible inflationary trajectories for an intermediate as well as for a large value of the gravitino mass, while v and λ are set to identical values in both plots. Note that for Fig. 4 we have chosen the same parameter values as for Fig. 2, which renders this figure the continuation of Fig. 2 from the real axis to the complex plane. Both Fig. 4 and Fig. 5 demonstrate how the linear term distorts the rotational invariance of the scalar potential by adding a constant slope in the direction of the real inflaton component σ . As for Fig. 5, the situation is however more extreme in consequence of the enhanced gravitino mass compared to Fig. 4. Inflation on the positive real axis is, for instance, no longer possible for such a large gravitino mass; instead, θ_f has at least to be slightly larger than $\pi/4$. Moreover, as an important consequence of our ability to determine all inflationary trajectories, we are now in the position to identify the region in field space which may provide viable initial conditions for inflation. In fact, this region is nothing but the fraction of field space traversed by all inflationary trajectories for $N > N_*$. We will return to the issue of initial conditions for inflation in Sec. 4.

Inflationary observables for individual parameter points

In the next step, as we now know the trajectories along which the inflaton can move across field space, we are able to compute the inflationary observables for given values of v, λ and $m_{3/2}$ and study their dependence on θ_f . In the limit of very small gravitino masses, when the slope of the inflaton potential is dominated by the one-loop potential, this dependence becomes increasingly negligible and A_s , n_s and $f_{\rm NL}^{\rm local}$ as functions of θ_f approach constant values. On the other hand, for very large values of $m_{3/2}$, all viable trajectories start out at a similar initial

¹²This condition generalizes the requirement $\xi < 1$, which we imposed in Sec. 2.2, to the full two-field case.



Figure 6: Amplitude A_s and spectral index n_s of the primordial scalar power spectrum as functions of the inflaton phase at the end of slow-roll inflation, θ_f , for $v = 3.6 \times 10^{15}$ GeV, $\lambda = 2.1 \times 10^{-3}$ and $m_{3/2} = 50$ TeV.

inflaton phase θ_i and run mostly in parallel to the real axis, cf. Fig. 5. Due to this similarity between the different viable trajectories, the dependence of the inflationary observables on θ_f is again rather weak for the most part. There is however one crucial exception: In the large- $m_{3/2}$ regime, θ_f is bounded from below, $\theta_f \geq \theta_f^{\min} > 0$ and once θ_f approaches θ_f^{\min} , the scalar and the bispectrum amplitudes, A_s and $f_{\rm NL}^{\rm local}$, begin to rapidly increase. This is due to the fact that for $\theta_f \gtrsim \theta_f^{\min}$ the inflaton trajectory hits the instability in the scalar potential at a very shallow angle, so that initial isocurvature perturbations induce large shifts δN in N, and hence large curvature perturbations, at late times. But at any rate, the most interesting case is the one of intermediate gravitino masses, when the gradients of the one-loop potential and the linear term are of comparable size and the inflationary observables strongly depend on θ_f . An example for such a situation is given in Figs. 6 and 7, in which we show A_s , n_s and $f_{\rm NL}^{\rm local}$ as functions of θ_f for the same parameter values that we also used for Figs. 2 and 4. Now it becomes evident that for these parameter values and a final phase θ_f of $\pi/16$ the observed values for A_s and n_s can be nicely reproduced, while $f_{\rm local}^{\rm local}$ safely stays within the experimental bounds.

An important lesson which we learn from Figs. 6 and 7 is that the Lagrangian parameters, v, λ and $m_{3/2}$, and hence the functional form of the scalar potential do not fix the inflationary observables at all. Under a variation of the inflationary trajectory, A_s , n_s and $f_{\rm NL}^{\rm local}$ vary over significant ranges, in which the observed values are not singled out in any way. We therefore conclude that the values for the inflationary observables realized in our universe do not point to a particular Lagrangian, but rather seem to be a mere consequence of an arbitrary selection among different possible trajectories. This is a very characteristic feature of hybrid inflation in the complex plane, which distinguishes it from other popular inflation models. In R^2 inflation [47] or chaotic inflation [48], for instance, the shape of the scalar potential is the key player behind the predictions for the inflationary observables. As we now see, the philosophical attitude in hybrid inflation is certainly a different one: Here, the main virtue of inflation are mainly its qualitative aspects—the fact that it solves the initial conditions problems of big bang cosmology, explains



Figure 7: Amplitude $f_{\rm NL}^{\rm local}$ of the local bispectrum (black curve) and naive single-field slow-roll estimate for this quantity (grey curve), cf. Eq. (50), as functions of the inflaton phase at the end of slow-roll inflation, θ_f , for $v = 3.6 \times 10^{15} \,\text{GeV}$, $\lambda = 2.1 \times 10^{-3}$ and $m_{3/2} = 50 \,\text{TeV}$.

the origin of the primordial density perturbations and is consistent with a compelling model of particle physics at very high energies. Its quantitative outcome is the mere result of a selection process that has no deeper meaning within the model itself.

Amplitude and spectral tilt of the scalar power spectrum

In the third step of our numerical investigation, we perform a calculation of the inflationary observables, as we just did it for one parameter point, for all values of v, λ , $m_{3/2}$ and θ_f of interest. In this scan of the parameter space, we shall cover the following parameter ranges,

$$10^{14} \,\text{GeV} \le v \le 10^{16} \,\text{GeV}\,, \quad 10^{-5} \le \lambda \le 3 \times 10^{-2}\,, \quad 10 \,\text{MeV} \le m_{3/2} \le 100 \,\text{PeV}\,.$$
 (47)

The ranges for v and λ are chosen such that on the one hand, for values of λ not much smaller than typical Standard Model Yukawa couplings, the measured value of the scalar amplitude A_s can be reproduced and that on the other hand the bound on the cosmic string tension in Eq. (10) is obeyed in most cases. At the same time, the $m_{3/2}$ range covers all values of gravitino masses which are commonly assumed in supersymmetric models of electroweak symmetry breaking. As our results will confirm, the such defined parameter space contains all the phenomenologically interesting parameter regimes for hybrid inflation.

Let us first focus on A_s and n_s , the two observables related to the scalar power spectrum, before we then comment on $f_{\rm NL}^{\rm local}$, the amplitude of the local bispectrum. Both A_s and n_s depend on all three Lagrangian parameters v, λ and $m_{3/2}$ as well as on the choice among the different inflationary trajectories, which we label by θ_f . As A_s has been measured very precisely by the various CMB satellite experiments, cf. Eq. (9), we are able to eliminate one free parameter, say, the gravitino mass, by requiring that our prediction for A_s must always coincide with the observed best-fit value for the scalar amplitude, $A_s^{\rm obs} = 2.18 \times 10^{-9}$,

$$A_s\left(v,\lambda,m_{3/2},\theta_f\right) = A_s^{\text{obs}} \quad \Rightarrow \quad m_{3/2} = m_{3/2}\left(v,\lambda,\theta_f\right) \,. \tag{48}$$



Figure 8: Viable parameter space for hybrid inflation in the complex plane for two different values of the final inflaton phase θ_f . Color code and labels as in the left panel of Fig. 3. In contrast to Fig. 3, we now also find regions in parameter space where our predictions for the scalar amplitude are always *smaller* than the observed value A_s^{obs} . In these regions, it is impossible to increase A_s by going to larger gravitino masses as this would cause the inflaton to miss the instability in the scalar potential and reach the local minimum on the positive real axis, cf. our discussion of Eq. (46).

This renders all remaining inflationary observables functions of v, λ and θ_f only. Next, we demand that our prediction for n_s must fall into the 2σ range around the measured best-fit value for the scalar spectral index, $n_s^{obs} = 0.963$,

$$n_s^{\text{obs}} - 2\Delta n_s \le n_s(v, \lambda, \theta_f) \le n_s^{\text{obs}} + 2\Delta n_s \,, \quad \Delta n_s = 0.08 \,, \tag{49}$$

which provides us with 95 % C.L. exclusion contours in the (v, λ) plane for every individual value of θ_f . As examples of such exclusion contours, we show the viable region in the (v, λ) plane for $\theta_f = \pi/16$ and $\pi/4$ in Fig. 8. These two plots generalize the left panel of Fig. 3 from hybrid inflation on the real axis to the full two-field scenario.

By comparing our parameter constraints in the two-field case with the results obtained in Sec. 2.2, we are able to identify the similarities and differences between hybrid inflation on the real axis and hybrid inflation in the complex plane. These observations belong to the most important results of our analysis. First of all, we note that for small but nonzero θ_f and fixed v, we always find two pairs of $(\lambda, m_{3/2})$ values such that A_s and n_s are successfully reproduced. In our plots of the (v, λ) plane, this is reflected by the appearance of two bands of viable parameter values stretching from small v and small λ to large v and large λ . The lower one of these two bands directly derives from the band in Fig. 3. The second band is however completely new, representing a genuine feature of hybrid inflation in the complex plane. We will qualitatively explain the origin of this second band in our semi-analytical discussion in Sec. 3.3. For now, let us focus on its behaviour as we vary the inflaton phase θ_f and its physical implications. In the limit $\theta_f \to 0$, the upper and the lower branch of the 95% C.L. region in the (v, λ) plane move into opposite directions. While the lower branch approaches the 95% C.L. region which we identified in the single-field case, the upper branch moves to smaller values of v and larger values of λ . In this process, it also becomes increasingly thinner. On the other hand, as θ_f is further increased, the two bands move closer together, until they fully merge and eventually shrink away to smaller values of v and λ , cf. right panel of Fig. 8. Remarkably enough, for small θ_f and fixed λ , the upper branch of parameter solutions makes smaller values of the symmetry breaking scale v accessible. These points in parameter space are hence further away from the cosmic string bound and alleviate the tension between the predictions of hybrid inflation and the non-observation of cosmic strings. In particular, if future observations should lead to an even more stringent bound on $G\mu$ that, for fixed value of λ , rules out symmetry breaking scales v up to some certain value, this λ value might still be viable in combination with a smaller value of v and nonzero θ_f .

As a second observation, we note that in the two-field case certain parts of the (v, λ) plane are excluded because they do not allow to reproduce the spectral amplitude without violating the second condition in Eq. (46). For small v and large λ values as well as gravitino masses as we would expect them from the single-field case, the inflationary trajectories still hit the $\Sigma = 0$ hypersurface. But during the fast-roll stage towards the end of inflation, they roll off the hilltop in the scalar potential into the wrong direction, such that the inflaton becomes eventually trapped in the false vacuum on the positive real axis.¹³ In the case of hybrid inflation on the real axis, such a behaviour of course never occurs. Here, once the inflaton starts out its journey on the correct side of the hill-top, it will also always hit the instability.

Finally, we observe that for $\theta_f \gtrsim \pi/4$ the scalar spectral index always comes out too large. This is due to the fact that for such large values of θ_f the inflationary trajectories begin to look more and more similar to the trajectory on the negative real axis. Our inability to reproduce the scalar spectral index for $\theta_f \gtrsim \pi/4$ is hence nothing but the original problem of a too large value for n_s in the case of standard hybrid inflation. As pointed out in Ref. [27], a viable possibility to reduce the scalar spectral index on the negative real axis is to resort to a non-canonical Kähler potential. Therefore, it would be interesting to investigate by how much our upper bound on θ_f might be relaxed in dependence of non-minimal couplings in the Kähler potential. Such a study is however beyond the scope of this paper and left for future work. For the time being, we merely conclude that, while hybrid inflation in the complex plane is not exclusively limited to the hill-top regime on the positive real axis, it is still certainly necessary that the inflationary trajectories pass close to this regime.

¹³We thank A. Westphal for pointing out that, technically speaking, we have to ensure that the inflaton never comes closer to the ridge in the scalar potential than $H_0/(2\pi)$. Otherwise, quantum fluctuations may let the inflaton tunnel to the other side of the hill-top causing it to roll down towards the false vacuum. The natural scale of the inflaton excursion, v, is however much larger than the inflationary Hubble scale, $v \gg H_0$. For all practical purposes, it is hence sufficient to make sure that the inflaton never actually reaches the ridge.



Figure 9: Viable parameter space for hybrid inflation in the complex plane for arbitrary values of the final inflation phase θ_f . Color code and labels as in the left panel of Fig. 3 as well as in Fig. 8. The contour lines for the gravitino mass correspond to the case $\theta_f = 0$. For larger θ_f , the gravitino mass at a fixed point in the (v, λ) plane slightly increases: at most by roughly half an order of magnitude, but typically significantly less.

In order to summarize our constraints on the model parameters of hybrid inflation imposed by the inflationary observables as well as the cosmic string bound, we marginalize our results over the inflaton phase θ_f . The result of this step is depicted in Fig. 9, in which we show the union of all of our 95% C.L. regions. The dark-green band marks the allowed parameter region in the case of single-field hybrid inflation in the hill-top regime, while the light-green region becomes available as soon as we allow for nonzero θ_f . This increase in the totally accessible parameter region demonstrates that the Lagrangian parameters of hybrid inflation are in fact not as tightly constrained as has previously been thought. Instead, it is possible to reproduce the inflationary observables in a large fraction of parameter space, which certainly boosts the vitality of the entire model. Finally, we remark that, also in the white region on the top left, it is in principle possible to obtain a viable value for the spectral index. This merely requires a fine-tuning of θ_f very close to zero, so as to push the upper branch of parameter solutions to ever smaller values of λ . However, since one of the basic motivations for our study is to show how the fine-tuning problem of single-field hybrid inflation in the hill-top regime can be avoided or relaxed, we shall not discuss this possibility in more detail.

Primordial non-Gaussianities

In the fourth and last step of our numerical analysis, we study our predictions for the amplitude of the local bispectrum, $f_{\rm NL}^{\rm local}$. As is well-known, $f_{\rm NL}^{\rm local}$ is suppressed by the slow-roll parameters

 ϵ and η in the case of single-field slow-roll inflation [49],

$$f_{\rm NL}^{\rm local} = \frac{5}{12} \left(1 - n_s \right) = \frac{5}{6} \left(\eta - 3\epsilon \right) \,, \tag{50}$$

where ϵ and η are to be evaluated at $N = N_*$. Hence, as far as hybrid inflation on the real axis is concerned, we expect $f_{\rm NL}^{\rm local}$ not to be larger than of $\mathcal{O}(10^{-2})$, which is two orders of magnitude below the sensitivity of the PLANCK satellite, cf. Eq. (9). And indeed, requiring single-field hybrid inflation in the hill-top regime to correctly reproduce the measured values of A_s and n_s , we always find an amplitude of the local bispectrum of $f_{\rm NL}^{\rm local} \sim 0.015$.

How does this situation now change in the full two-field case? In answering this question, we shall restrict ourselves to values for v, λ and $m_{3/2}$, which already yield the correct values of A_s and n_s for one specific final inflaton phase θ_f . This is to say that we will only investigate our predictions for $f_{\rm NL}^{\rm local}$ in the respective 95 % C.L. regions in the (v, λ) plane. In the lower branches of those 95 % C.L. regions, our two-field model effectively behaves like a single-field model, such that our predictions for A_s and n_s are well described by the analytical expressions derived in Sec. 2.2. As expected, this is also reflected in our predictions for $f_{\rm NL}^{\rm local}$, which are slow-roll suppressed to most extent in these regions of parameter space.¹⁴ In Fig. 7, we plot for instance $f_{\rm NL}^{\rm local}$ as a function of θ_f for a parameter point in the lower band of the 95 % C.L. region corresponding to $\theta_f = \pi/16$ and it is clearly seen that $f_{\rm NL}^{\rm local}$ never exceeds values of $\mathcal{O}(10^{-2})$. Furthermore, Fig. 7 illustrates that, in the limits $\theta_f \to 0$ and $\theta_f \to \pi$, our numerical multi-field result nicely approaches the single-field expectation according to Eq. (50). For θ_f values in between 0 and π , our multi-field prediction is by contrast slightly larger than our naive single-field estimate; but the deviation is always at most of $\mathcal{O}(1)$. This slight enhancement of $f_{\rm NL}^{\rm local}$ is a direct consequence of the inherent multi-field nature of hybrid inflation and indicates that, for hybrid inflation off the real axis, effects such as the inhomogeneous end of inflation or the late-time conversion of isocurvature modes to curvature modes become important [50]. Nonetheless, it is safe to conclude that in most of the lower bands of our 95 % C.L. regions also the generation of non-Gaussianities is, up to $\mathcal{O}(1)$ corrections, well explained in an effective single-field picture. Note that this is in contrast to the situation in multi-brid inflation, where the simple single-field description breaks down and genuine multi-field dynamics are responsible for a sizable value of $f_{\rm NL}^{\rm local}$ [22, 23, 46].

The upper branches of our 95 % C.L. regions are much closer to those parts of parameter space in which A_s cannot be reproduced without violating the second condition in Eq. (46). The trajectories corresponding to these parameter points are hence much more strongly bent than the trajectories corresponding to the parameter points in the lower branches of the 95 % C.L. regions. In these corners of parameter space, the multi-field character of hybrid inflation hence

¹⁴An exception are regions corresponding to very small gravitino masses, $m_{3/2} \leq 1 \text{ GeV}$, in combination with large final inflaton phases, $\theta_f \geq 3\pi/32$. Here, $f_{\text{NL}}^{\text{local}}$ can become roughly as large as 0.5. The origin of such large non-Gaussianities is the same as in the upper branches of the 95% C.L. regions, cf. further below.



Figure 10: Prediction for the amplitude of the local bispectrum, $f_{\rm NL}^{\rm local}$, in the upper branches of our 95 % C.L. regions as a function of θ_f and $m_{3/2}$. At any point in the $(\theta_f, m_{3/2})$ plane, the parameters v and λ are fixed such that $A_s = A_s^{\rm obs} \equiv 2.18 \times 10^{-9}$ and $n_s = n_s^{\rm obs} \equiv 0.963$.

comes much more into effect, resulting in the generation of quite sizable non-Gaussianities up to values as large as $f_{\rm NL}^{\rm local} \sim 0.5$. We are able to substantiate this qualitative understanding by studying the time evolution of $f_{\rm NL}^{\rm local}$ in the course of inflation. Generally speaking, if, in Yokoyama et al.'s backward method, one does not fix the number of e-folds during inflation, N_* , at $N_* = 50$, but allows it to freely vary, $N_* \to N \ge N^{(0)}$, any given inflationary observable \mathcal{O} turns into a time-dependent quantity $\mathcal{O}(N)$. Applying this procedure to $f_{\rm NL}^{\rm local}$ reveals that the final value of the local bispectrum amplitude, $f_{\rm NL}^{\rm local}(N_*)$, is mostly determined at late times when $N \gtrsim N^{(0)}$. At earlier times, $N \lesssim N_*$, the variation of $f_{\rm NL}^{\rm local}(N)$ is by contrast rather weak. This confirms our intuition that the large non-Gaussianities encountered in the upper branches of our 95 % C.L. regions mainly originate from the strong curvature of the inflationary trajectories towards the end of inflation as well as from the conversion of isocurvature to curvature modes associated with this curvature. At the same, a similar analysis for A_s indicates that the final value of the scalar amplitude, $A_s(N_*)$ is in most cases already fixed at early times, $N \leq N_*$. In summary, we therefore conclude that, in hybrid inflation in the complex plane, the scalar power spectrum is predominantly sourced by adiabatic perturbations around the time when the CMB pivot scale exits the Hubble horizon, $N \sim N_*$, while $f_{\rm NL}^{\rm local}$ is mainly generated by isocurvature perturbations at the time when the inflationary trajectory bends around at the end or after slow-roll inflation. At the level of the observables related to the scalar power spectrum, we are hence always free to work in an effective single-field approximation; at the level of the local bispectrum, this approximation however breaks down in certain parts of the parameter space.

Finally, before concluding this section, we summarize our results for $f_{\rm NL}^{\rm local}$ in the upper branches of our 95 % C.L. regions in Fig. 10. In this figure, we display our predictions for $f_{\rm NL}^{\rm local}$ as a function of θ_f and $m_{3/2}$, with the parameters v and λ always chosen such $A_s = A_s^{\rm obs}$ and $n_s = n_s^{\rm obs}$. Remarkably enough, $f_{\rm NL}^{\rm local}$ can become as large as roughly 0.5. At the same time, the 2σ uncertainty in the measured value of the scalar spectral index results in an uncertainty in these predictions of at most a factor of 2. Together, these two observations imply a conservative upper bound on the amplitude of the local bispectrum,

$$f_{\rm NL}^{\rm local} \lesssim 1$$
. (51)

This bound provides an interesting means to falsify hybrid inflation. If future CMB experiments should reach a better sensitivity to primordial non-Gaussianities and an $f_{\rm NL}^{\rm local}$ value larger than 1 should be measured, hybrid inflation would be in serious trouble.

3.3 Analytical reconstruction of the numerical results

Having presented the outcome of our numerical analysis in the previous section, we now attempt to partly reconstruct our results by means of (semi-)analytical approximations. Here, we will focus on the constraints on v and λ which we obtained by requiring that inflation must yield the correct values for A_s and n_s . As for the non-Gaussianity parameter $f_{\rm NL}^{\rm local}$, we merely remark that, as long as it is possible to work in an effective single-field picture, $f_{\rm NL}^{\rm local}$ can be, up to $\mathcal{O}(1)$ corrections, well approximated by the naive single-field expression in Eq. (50). Once the multi-field dynamics of hybrid inflation come into effect, the only possibility we see to determine $f_{\rm NL}^{\rm local}$ is a full-fledged numerical analysis as we perform it in this paper.

In our (semi-)analytical discussion of the inflationary observables in Sec. 2.2, we managed to reproduce the 95 % C.L. region in the (v, λ) for the special case of single-field hybrid inflation in the hill-top regime, i.e. for $\theta_f = 0$, cf. the right panel of Fig. 3. Now we attempt to extend this analysis to the full two-field case. In a first step, it is important to understand the qualitative difference between the inflationary trajectories respectively corresponding to points in the upper and points in the lower branches of our 95 % C.L. regions. To do so, note that, for fixed symmetry breaking scale v, larger gravitino masses are required in the upper branches than in the lower branches so as to keep the potential flat enough by compensating for the comparatively larger values of λ , cf. Sec. 2.2. Therefore, the individual contributions to the slope of the inflaton potential all have a larger magnitude in the upper branches, which effectively results in a larger field excursion during inflation in these parts of parameter space. This is illustrated in Fig. 11, in which we display several inflationary trajectories corresponding to parameter points along a vertical cross section through the (v, λ) plane for $\theta_f = \pi/16$, cf. the left panel of Fig. 8. While the last 50 *e*-folds of inflation along trajectory N^a 2, which belongs to a point in the lower band of the 95 % C.L. region for $\theta_f = \pi/16$, easily fit into a very small field range, $z_* - 1 \simeq 1.6 \times 10^{-2}$,



Figure 11: Various possible inflationary trajectories for fixed symmetry breaking scale, $v = 10^{15}$ GeV, and final inflaton phase, $\theta_f = \pi/16$. Recall that θ_f is defined on the $\Sigma = 0$ hypersurface, where $\eta_{tot} = \eta_{tot}^0 \equiv 10^{-1/2}$, not along the instability in scalar potential (blue dashed curve). For each trajectory, λ and $m_{3/2}$ are adjusted such that $A_s = A_s^{obs} \equiv 2.18 \times 10^{-9}$. The parameter points corresponding to trajectories \mathbb{N} 2 and \mathbb{N} 6 are located in the lower and the upper band of the 95 % C.L. region for $\theta_f = \pi/16$, respectively, cf. the left panel of Fig. 8. For these two trajectories, the scalar spectral index therefore comes out right, $n_s = n_s^{obs} \equiv 0.963$. At the same time, we have $n_s > n_s^{obs}$ for trajectories \mathbb{N}° 1 and \mathbb{N}° 7 and $n_s < n_s^{obs}$ for trajectories \mathbb{N}° 3, \mathbb{N}° 4 and \mathbb{N}° 5. The black and orange circles mark the respective position of the inflaton field at $N = N_* \equiv 50$.

the same number of *e*-folds along trajectory \mathbb{N} 6, which belongs by contrast to a point in the associated upper band, require a much larger field excursion, $z_* - 1 \simeq 0.98$.

This difference in the field excursion during inflation also explains the absence of the second branch of parameter solutions in the case of single-field hybrid inflation in the hill-top regime. Such large z_* values as they are required in the new band of parameter solutions simply clash with the position of the local maximum on the positive real axis. In other words, on the real axis, only one successful inflationary trajectory fits in between the instability and the ridge in the scalar potential for a fixed value of v. On the other hand, allowing the inflaton to freely move in the full complex plane, the possibility of reproducing the inflationary observables along an alternative, much longer trajectory opens up, cf. Fig. 11.

In summary, the lower branches of our 95 % C.L. regions come in general with smaller values of z_* than the corresponding upper branches. In addition to that, z_* also decreases as we move along the lower branches to smaller and smaller values of v and λ . This behaviour is analogous and has the same origin as the behaviour of x_* in the single-field case, cf. the right panel of



Figure 12: Two-field dynamics of the complex inflaton in field space for $v = 1.8 \times 10^{15}$ GeV, $\lambda = 4.8 \times 10^{-4}$ and $m_{3/2} = 500$ GeV, to be compared to Fig. 4. Both the parameter point used for this plot as well as the one in Fig. 4 are located in the lower band of the 95 % C.L. region for $\theta_f = \pi/16$, cf. the left panel of Fig. 8. Note how the decrease in the parameter values results in a much smaller initial value of the inflaton field at $N = N_* \equiv 50$. For $\theta_f = \pi/16$, we have $z_* - 1 \simeq 6.7 \times 10^{-2}$ in this figure and $z_* - 1 \simeq 7.5 \times 10^{-1}$ in Fig. 4.

Fig. 3. Moving to smaller values of λ , one has to simultaneously reduce the gravitino mass to maintain the balance between the logarithmic and the linear contribution to the slope of the scalar potential. Both contributions then become smaller in magnitude, which results in a smaller field excursion. This can be seen by comparing Fig. 4 and Fig. 12, which display the two-field dynamics of hybrid inflation in the complex plane for two different points in the lower band of the 95 % C.L. region for $\theta_f = \pi/16$, cf. the left panel of Fig. 8.

The smallness of z_* in the lower branches of our 95 % C.L. regions suggests that, in these regions of parameter space, an effective single-field description might apply. The inflationary trajectories do not significantly deviate in shape from those in the single-field case and hence it appears feasible to describe the lower bands to first approximation by the small-field expression in Eq. (31). And indeed, Eq. (31), although it has been derived in the context of single-field inflation, provides a fair description of the location of the lower bands in the (v, λ) plane, especially for θ_f values close to zero. As an example, we show in Fig. 13 how well we are able to reproduce the lower band of the 95 % C.L. region for $\theta_f = \pi/16$, assuming that n_s can be still calculated according to Eq. (31). This result is of course no surprise. Already in Sec. 3.2, we noted that the lower branches of the 95 % C.L. regions asymptotically approach the band of parameter solutions for $\theta_f = 0$, as soon as θ_f is lowered to ever smaller values.

How do we now go about reproducing the upper branches of our 95% C.L. regions? In this case, the situation is unfortunately much more complicated. The relevant inflationary trajectories often times run very close by the ridge in the scalar potential before reaching the instability and are therefore usually strongly curved. This renders it difficult to integrate the



Figure 13: Comparison of our analytical and numerical results for the 95 % C.L. region in the (v, λ) plane for a final inflaton phase of $\theta_f = \pi/16$. Color code and labels as in the right panel of Fig. 3 as well as in Fig. 8. The black and grey contour curves are the result of our full numerical calculation. The red and blue curves are by contrast based on our (semi-)analytical results for n_s in the small- z_* and large- z_* regime, respectively, cf. Eqs. (31) and (52). The initial field values z_* are indicated by the grey dot-dashed contour lines.

slow-roll trajectories analytically in order to obtain a two-field analogue of the relation between the inflaton field value and the number of *e*-folds which we managed to derive in the single-field case, cf. Eq. (26). Besides that, any appropriate generalization of Eq. (26) would presumably look rather convoluted and not lead to further insights. We therefore decide to pursue a different, already well-tested semi-analytical approach and intend to make use of the fact that z_* is always very large in the upper bands of the 95 % C.L. regions.

Let us assume for a moment that the effective single-field description also holds in the upper branches of the 95 % C.L. regions. Given the curved shape of the trajectories, it is *a priori* not obvious that this simplified picture indeed applies; but the comparison with the full numerical results will shortly justify our assumption. In the effective single-field picture, we can then determine the scalar spectral index based on the effective slow-roll parameters ϵ and η , cf. Eq. (16) and (17) as well as App. A. In the large- z_* regime and for small phases, we have

$$n_s - 1 \simeq 2\eta = \frac{2M_{\rm Pl}^2}{V} \frac{V^a V_{ab} V^b}{V^c V_c} \xrightarrow{z_* \gg 1} - \frac{\lambda^2}{4\pi^2} \frac{M_{\rm Pl}^2}{v^2} \frac{1}{z_*} + \mathcal{O}\left(z_*^{-3/2}, \theta_*^2\right) \,, \tag{52}$$

which we immediately recognize as the straightforward generalization of Eq. (32). Similarly as in Sec. 2.2, also this large-field approximation of n_s neglects the isocurvature contributions to the scalar power spectrum. Owing to our numerical analysis in Sec. 3.2, we also know the values of z_* for every point in the various (v, λ) planes. Inserting these numerical results for z_* into Eq. (52), we always find two curves in the (v, λ) plane, at least as long as θ_f is not too large, along which the observed value for n_s is reproduced, cf. the blue contour lines in Fig. 13. In the vicinity of the upper branches of the 95 % C.L. regions, z_* as a function of v and λ depends to good approximation only on the ratio $\beta = \lambda M_{\rm Pl}/v$,

$$z_* \approx f(\beta) \,. \tag{53}$$

Here, the function f is such that Eq. (52) yields the correct value of n_s not only for one β value, but actually for two distinct values of this ratio. For instance, in the case of $\theta_f = \pi/16$, we have the two solutions $\beta_1 \simeq 1.3$ and $\beta_2 \simeq 1.7$. In between these two β values, the spectral index is smaller, outside the interval $[\beta_1, \beta_2]$, it is larger than the observed value. The two cases $\beta = \beta_1$ and $\beta = \beta_2$ just represent the two curves along which the correct n_s value can be reproduced. Here, the larger β value always results in a very good description of the upper band in the (v, λ) plane. At the same time, the smaller of the two β solutions induces a contour line in the (v, λ) plane, which generalizes the blue contour in the right panel of Fig. 3 and which therefore describes the lower band very well in the large- z_* regime.

As anticipated, our semi-analytical approach based on Eq. (52) succeeds in reproducing the numerical result for n_s . This indicates that, at the level of the power spectrum, the curvature of the trajectory as well as the conversion of isocurvature to curvature modes are negligible in most parts of the parameter space and we are allowed to work in a simplified effective single-field picture. In general, this effective single-field description however breaks down at the level of the bispectrum as discussed at the end of Sec. 3.2.

4 Initial conditions

The hill-top regime of single-field hybrid inflation is plagued by two problems related to the initial position of the inflaton field on the real axis. First, the initial value of the inflaton field, φ_i , must be carefully tuned. Using the approximation $x_* - 1 \ll 1$, we find that the CMB pivot scale exits the Hubble horizon roughly at a field value, cf. Eq. (26),

$$\frac{\varphi_*}{v} \simeq 1 + \frac{\lambda^2}{4\pi^2} \ln 2 \,(1-\xi) N_* \left(\frac{M_{\rm Pl}}{v}\right)^2 \,.$$
 (54)

At the same time, the scalar potential exhibits a local maximum and a local minimum at

$$\frac{\varphi_{\max}}{v} \simeq \frac{1}{2\ln 2} \frac{1}{\xi} \,, \quad \frac{\varphi_{\min}}{M_{\rm Pl}} \simeq \left(\frac{\lambda^2}{2\pi^2} \ln 2\xi \,\frac{M_{\rm Pl}}{v}\right)^{1/3} \,, \tag{55}$$

where the position of the local minimum is determined by the interplay between the linear term $V_{3/2}$ and the supergravity correction V_{SUGRA} to the scalar potential, cf. Eqs. (7) and (8). Hence, successful inflation can only be achieved for an initial field value φ_i satisfying

$$\varphi_* < \varphi_i < \varphi_{\max} \,. \tag{56}$$

1 /0

The same conclusion also holds when the small- x_* approximation is no longer applicable, as can for instance be seen from Fig. 2. An initial field value slightly larger than φ_{\max} would result in a trajectory leading into the false vacuum on the other side of the hill-top at $\varphi = \varphi_{\min}$, whereas an initial value smaller than φ_* does not allow for a sufficiently long period of inflation. Note that this problem cannot be simply solved by setting ξ to a small value, as the scalar amplitude could no longer be reproduced in such a case, cf. Eq. (29).

Second, at the onset of inflation, a sufficiently homogeneous region with volume H^{-3} is generally required [51]. While chaotic inflation [48] can naturally accommodate the existence of such a homogeneous region, even if the universe starts out from chaotic initial conditions, $V(\varphi) \sim$ $\dot{\varphi}_i^2/2 \sim (\vec{\nabla}\varphi_i)^2/2 \sim M_{\rm Pl}^4$, F-term hybrid inflation fails to do so because it is associated with relatively low values of the inflationary Hubble parameter, $H_0 \sim 10^4 \cdots 10^{11}$ GeV. This is to say that hybrid inflation taking place at the GUT scale comes with an 'initial' horizon problem [52]. Assuming that at pre-inflationary times the energy density of the universe decreases from some Planckian value down to the GUT scale in consequence of an ordinary radiation-dominated expansion, one finds that around $N \sim N_*$ one Hubble patch (for instance, the one which will inflate to become the observable universe) consists of roughly $10^7 (10^{16} \text{GeV}/M_{\text{GUT}})$ causally disconnected Planck domains [52]. It is thus hard to explain why the same fine-tuned initial value should separately occur in each causally disconnected Planck domain.¹⁵

An attractive way out of these two initial conditions problems is to have some kind of preinflation before the onset of hybrid inflation, during which the energy density of the universe falls from the Planck scale to the GUT scale. In this case, the initial homogeneous region required for hybrid inflation can be generated during the earlier phase of pre-inflation. In particular, if pre-inflation corresponds to eternal inflation realized in a local minimum of the potential, probably even the one located at $\varphi = \varphi_{\min}$, the inflaton can reach the hybrid inflation regime, $\varphi \sim M_{GUT}$, through a tunneling process. Similar ideas have for instance been developed in the context of locked inflation [53], chain inflation [54] and multiple inflation [55].

What is now the situation in the two-field case? We can best answer this question by studying the course of the inflationary trajectories; cf. Fig. 14, which shows the inflaton field space in polar coordinates for a large and a rather small gravitino mass, respectively. The small blue arrows represent the gradient field of the scalar potential, i.e. the direction of the slow-roll trajectories at any given point in field space. The pink lines denote a vanishing slope in the radial direction, which, as can be seen from the arrows, can be either a maximum, a minimum or a saddle point. The familiar hill-top and the false vacuum appear along the positive real axis, i.e. for $\theta = 0$. Correspondingly, the green-shaded regions indicate all initial field values whose trajectories lead to the critical line, whereas in the white-shaded regions, the trajectories lead into the false vacuum at $\varphi = \varphi_{\min}$. The dashed blue lines denote the instability in the scalar

¹⁵If the real fundamental scale M_* actually lies somewhere between the Planck scale and the GUT scale, $M_{\rm GUT} \leq M_* \ll M_{\rm Pl}$, as for instance in extra-dimensional theories, the required fine-tuning can be relaxed.



Figure 14: Initial conditions in the complex plane. The blue arrows indicate the direction of the slow-roll trajectories at any given point in field space. The dark-green regions mark all possible initial conditions which lead to inflation ending on the instability. The light-green regions, encircled by the dashed blue lines, show the last 50 *e*-folds of inflation. If the inflaton starts out its journey in the white regions, it becomes eventually trapped in the false vacuum. The values for v, λ and $m_{3/2}$ are chosen as in Figs 4 and 12, respectively.

potential and the initial flat hypersurface at $t = t_*$, respectively.

In this paper, our goal is not to precisely quantify the amount of fine-tuning required in the initial conditions of hybrid inflation. Before we could do that, we would need to define a suitable measure in field space, taking also possible displacements of the waterfall fields as well as variations in the initial velocities into account. For analyses along these lines, cf. for instance Refs. [44, 45, 56, 57]. Instead, we here merely intend to make the point that recognizing hybrid inflation as a two-field model in the complex plane significantly relaxes the two problems related to the initial conditions for the inflaton field, in particular the fine-tuning problem, cf. Fig. 14. Now, a significant part of the field space yields initial conditions leading to a sufficient amount of inflation ending in the right vacuum (darker green region). The initial position of the inflaton field no longer needs to be fine-tuned. This is to be compared with the situation for $\theta_f = 0$, where suitable initial conditions lie between the right dashed blue and the pink line. In the left panel of Fig. 14, this segment of the real axis is hardly visible.

As far as the horizon problem is concerned, we note that now, where the inflaton is allowed to freely move in the complex plane, inflation can also start out at the Planck scale.¹⁶ One could therefore imagine that hybrid inflation begins with $\varphi_i \sim M_{\rm Pl}$ within a sufficiently homogeneous

¹⁶Typically, this requires an initial phase close to $\theta_i \sim \pi$, which re-introduces the necessity of a mild fine-tuning. However, the further the inflaton moves down from the Planck scale, the more do the trajectories spread in polar field space. The amount of fine-tuning can therefore always be controlled and reduced by specifying the initial conditions for the inflaton field at lower and lower energy scales.

initial region, whereby the horizon problem would be solved. But, this picture rests upon the assumption that the initial velocity of the inflaton is suppressed for some reason. In the case of hybrid inflation starting out at the Planck scale, we would expect that $|\dot{\varphi}| \sim M_{\rm Pl}^2$, such that the inflaton would easily overshoot the inflationary region. In order to fully solve the horizon problem in hybrid inflation, we must therefore explain why the initial velocity of the inflaton at the Planck scale is suppressed. Compared to the challenge of fine-tuning the inflaton field value in 10⁷ causally disconnected regions at the GUT scale, the task of suppressing $|\dot{\varphi}|$ in one Planck domain seems however much more manageable. Therefore, also without invoking any extension of the model, the initial horizon problem appears to be relaxed as well. As an alternative to a suppressed initial velocity, one could also attempt to come up with an explicit scenario of pre-inflation. Both options seem promising and interesting; a more detailed investigation is left for future work.

5 Bounds on the gravitino mass

Up to this point, we have considered the gravitino mass, $m_{3/2} \ge 10$ MeV, as a free input parameter. We consequently found parameter solutions over a wide range of gravitino mass scales, $m_{3/2} \sim 10 \text{ MeV} \cdots 10 \text{ PeV}$. Interestingly, this range of gravitino masses includes all relevant values commonly employed in supersymmetric models of electroweak symmetry breaking. In this section, we now specify in more detail the allowed range of gravitino masses, discussing in particular the consequences of the production of gravitinos in the early universe.

5.1 Supersymmetry breaking and slow-roll inflation

Throughout our analysis, we assume that supersymmetry becomes softly broken in a hidden sector already before the onset of inflation. During inflation, supersymmetry is in addition broken by the tadpole term for the inflaton field Φ in the superpotential, $W_{\text{inf}} = \lambda v^2/2 \Phi \sim \lambda v^3$. Our decision to ignore the dynamics of vacuum supersymmetry breaking is justified as long as $|W_{\text{inf}}| > |W_0|$, which translated into an upper bound on the gravitino mass,

$$m_{3/2} \lesssim \frac{\lambda v^3}{M_{\rm Pl}^2} \sim 100 \ {\rm TeV} \left(\frac{\lambda}{10^{-3}}\right) \left(\frac{v}{10^{15} \ {\rm GeV}}\right)^3$$
 (57)

Two further bounds on the gravitino mass can be derived from requiring successful slow-roll inflation to occur. In Sec. 2.2, we derived a first upper bound on the gravitino mass in the hill-top regime on the real axis, cf. Eq. (28), from the requirement that at least 50 e-folds of inflation must fit in between the instability in the scalar potential and the hill-top,

$$m_{3/2} < \frac{\lambda^3 \ln 2}{2^{9/2} \pi^2} v \simeq 3 \text{ TeV} \left(\frac{\lambda}{10^{-3}}\right)^3 \left(\frac{v}{10^{15} \text{ GeV}}\right) .$$
 (58)

Also outside the hill-top regime, the requirement of consistent slow-roll inflation imposes an upper bound on the gravitino mass. For large values of $m_{3/2}$, all trajectories leading to successful

inflation run initially in parallel to the $\theta_f = \pi$ trajectory, cf. Fig. 5, so that we can restrict our discussion to this case. Increasing $m_{3/2}$ steepens the scalar potential, thereby pushing the initial field value z_* to ever larger values. As z_* approaches the Planck scale, the supergravity contributions to the scalar potential become important, until at $z_* \sim M_{\rm Pl}^2$ the slow-roll condition for η is violated. The requirement of achieving 50 *e*-folds of inflation at sub-Planckian field values without violating the slow-roll conditions therefore yields an upper bound on $m_{3/2}$. An analytical analysis of the inflaton slow-roll equation on the negative real axis leads us to

$$m_{3/2} \lesssim 3 \times 10^{-3} H_0 \sim 350 \text{ TeV}\left(\frac{\lambda}{10^{-3}}\right) \left(\frac{v}{10^{15} \text{ GeV}}\right)^2,$$
 (59)

where H_0 denotes the inflationary Hubble scale. Note that both Eq. (58) and Eq. (59) are obtained solely from requiring at least 50 *e*-folds of slow-roll inflation. Demanding in addition that the correct values for A_s and n_s be successfully reproduced yields even tighter upper bounds on $m_{3/2}$, which vary as functions of the final inflaton phase θ_f , cf. Fig. 8.

5.2 Nonthermal gravitino production

After the end of inflation, gravitinos are generated thermally and nonthermally. A too large abundance of these gravitinos leads to the infamous cosmic gravitino problem [58,59], with the precise bounds depending on the mass hierarchies of the theory. In the following, we briefly review nonthermal [60–62] and thermal [63] gravitino production and derive the resulting constraints on the parameter space of hybrid inflation. Then we comment on possibilities to relax or avoid these constraints.

After the end of inflation (and preheating), the energy density of the universe is dominated by the contributions from the non-relativistic scalar particles of the waterfall-inflaton sector. As a consequence of the constant term in the superpotential, the resulting mass eigenstates $\varphi_{1,2}$ are a maximal mixture of the inflaton and waterfall gauge eigenstates φ and χ . They hence both obtain a large vacuum expectation value (vev), $\langle \varphi_{1,2} \rangle = v/\sqrt{2}$, and their masses are given by $m_{\varphi} \simeq \lambda v$, with a small mass splitting proportional to the gravitino mass $m_{3/2}$. These particles can decay into gravitinos, thereby yielding a population of nonthermal gravitinos. The decay rate into a pair of gravitinos is given as [62, 64, 65]

$$\Gamma_{3/2} = \frac{c}{96\pi} \left(\frac{\langle\varphi\rangle}{M_{\rm Pl}}\right)^2 \frac{m_{\varphi}^2}{M_{\rm Pl}^2},\tag{60}$$

where we have assumed that the fields $\varphi_{1,2}$ are lighter than the soldstino z, i.e. the complex scalar in the hidden-sector chiral multiplet responsible for soft supersymmetry breaking.¹⁷ Note that this decay channel only opens up as soon as $H < m_{3/2}$, since it requires a helicity flip which is not possible for effectively massless gravitinos [60]. Exploiting the conservation of the

¹⁷If on the contrary the fields $\varphi_{1,2}$ were heavier than the soldstino, i.e. if $m_{\varphi} > m_z$, cf. Ref. [66], the gravitino abundance could be significantly suppressed [67], depending on the details of the supersymmetry breaking sector.

comoving entropy density after the end of reheating, the resulting abundance of nonthermally produced gravitinos normalized to the entropy density s is given by

$$Y_{3/2}^{\rm nt} = \frac{n_{3/2}}{s} = 2 \frac{\Gamma_{3/2}}{\Gamma_{\varphi}} \frac{n_{\varphi}(t_f)}{s}, \qquad (61)$$

with Γ_{φ} denoting the total decay rate of φ bosons, $n_{\varphi}(t_f)$ their comoving number density at the end of reheating, i.e. at matter-radiation equality, $\rho_{\rm rad}(t_f) = \rho_{\rm m}(t_f) = n_{\varphi}(t_f) m_{\varphi}$. Expressing the energy and entropy density of the thermal bath in terms of the reheating temperature, $T_R(t_f) = (45/(\pi^2 g_*))^{1/4} \sqrt{\Gamma_{\varphi} M_{\rm Pl}}$, we find the resulting gravitino abundance to be inversely proportional to the reheating temperature,

$$Y_{3/2}^{\text{nt},0} = \frac{3}{2} \left(\frac{90}{\pi^2 g_*}\right)^{1/2} \frac{\Gamma_{3/2}}{m_{\varphi}} \frac{M_{\text{Pl}}}{T_R} \,. \tag{62}$$

The thermal contribution on the other hand, stemming mainly from supersymmetric QCD 2-to-2 scatterings in the thermal bath, can be expressed as, cf. App. D of Ref. [8],

$$Y_{3/2}^{\rm th} = \frac{\rho_c}{m_{3/2} s_0} \,\epsilon \, C_1 \left(\frac{T_{RH}}{10^{10} \,\,{\rm GeV}} \right) \left[C_2 \left(\frac{m_{3/2}}{100 \,\,{\rm GeV}} \right) + \left(\frac{100 \,\,{\rm GeV}}{m_{3/2}} \right) \left(\frac{m_{\tilde{g}}}{1 \,\,{\rm TeV}} \right)^2 \right] \,, \tag{63}$$

with $s_0 = 2.9 \times 10^3$ cm⁻³ and $\rho_c/h^2 = 1.052 \times 10^{-5}$ GeV/cm³ denoting the entropy and critical energy densities today. The coefficient functions C_1 and C_2 can be calculated analytically and feature a weak dependence on the reheating temperature, the parameter ϵ accounts for details of the reheating process which cannot be taken into account analytically. For the analysis here, it is sufficient to choose representative, constant values for these parameters, $C_1 = 0.26$, $C_2 = 0.13$ and $\epsilon = 1$ [9]. Moreover, we will set the gluino mass to $m_{\tilde{q}} = 1$ TeV.

Stringent bounds on the gravitino mass are obtained when assuming that the gravitino is the lightest supersymmetric particle (LSP). In this case, the total gravitino abundance is restricted by the measured relic abundance of dark matter,

$$\left(Y_{3/2}^{\rm nt} + Y_{3/2}^{\rm th}\right) m_{3/2} < \frac{\rho_c}{s_0} \Omega_{\rm DM} = 4.3 \times 10^{-10} \,\,{\rm GeV}\,,$$
(64)

where we have used $\Omega_{\rm DM}h^2 = 0.12$ [68]. Making use of the relation between $m_{3/2}$, v and λ imposed by the correct normalization of the scalar power spectrum, cf. Eq. (48), and treating the reheating temperature as a free parameter, this bound can be translated into constraints on v and λ , cf. Fig. 15. As it turns out, it is the region of small v and λ values, corresponding to gravitino masses $m_{3/2} \leq 1$ TeV, that is in agreement with the bound in Eq. (64). The resulting lower and upper bounds on the reheating temperature (driven by the nonthermal and thermal contributions, respectively) are depicted by the blue and red contour lines. Comparing Fig. 15 with Fig. 9, we see that for very light gravitinos stringent bounds on the reheating temperature apply, e.g. $m_{3/2} \leq 1$ GeV requires $T_{\rm RH} \leq 10^8$ GeV. Note that the decrease of the upper bound on $T_{\rm RH}$ for large values of λ , responsible for extending the excluded region, is due to the first term in the squared brackets on the right-hand side of Eq. (63), which takes over at $m_{3/2} \gtrsim 100$ GeV. For



Figure 15: Bounds on the reheating temperature in the gravitino LSP scenario. The yellow/red-shaded region marks the viable parameter space, with the blue (red) contour lines referring to the corresponding lower (upper) bounds on the reheating temperature. The grey region is excluded if the gravitino is the LSP. The darker grey regions show how this constraint can be relaxed for $\Gamma_{\varphi}/\Gamma_X = 10$ (medium grey) or $\Gamma_{\varphi}/m_{3/2} = 10$ (darkest grey).

this figure, we chose $\theta_f = \pi/8$ for concreteness. As $m_{3/2}$ however changes only very mildly for fixed v and λ as well as θ_f varying in the interval $0 \leq \theta_f \leq \pi/4$, our conclusions are independent of this particular choice.

From Figs. 9 and 15, we see that the region corresponding to $m_{3/2} \gtrsim 1$ TeV is excluded in the case of a gravitino LSP. However, for such large gravitino masses, we would anyway expect that the gravitino is not the LSP in the supersymmetric mass spectrum. Unstable gravitinos in the mass range $m_{3/2} \sim 1 \dots 10$ TeV are subject to severe constraints from primordial nucleosynthesis [69,70], which are difficult to circumvent. Gravitinos heavier than $m_{3/2} \gtrsim 10$ TeV however decay before the onset of big bang nucleosynthesis. Then the requirement that the abundance of the LSP produced in gravitino decays does not exceed the measured dark matter abundance imposes a bound similar to Eq. (64),

$$m_{3/2}Y_{3/2} \lesssim 4 \times 10^{-10} \text{ GeV}\left(\frac{m_{3/2}}{m_{\text{LSP}}}\right),$$
(65)

which can however be loosened for large LSP annihilation cross sections and/or high gravitino decay temperatures, cf. e.g. Ref. [27]. Fully worked examples of the gravitino LSP and the heavy gravitino setup can be found in Refs. [9,71], respectively.

There are two further loopholes in the derivation of the bounds from nonthermal gravitino production which we want to point out here. The derivation leading to Eq. (62) assumes that the $\varphi_{1,2}$ mass eigenstates decay directly into light particles forming the thermal bath. However, in a generic scenario, the φ particles may first decay into another heavy particle species X which becomes the dominant contribution to the energy density of the universe before decaying into the thermal bath itself. For example, in Ref. [9] the φ particles decay into heavy Majorana neutrinos, thereby setting the stage for nonthermal leptogenesis. Assuming that the vev of the X particles remains at 0, a sufficiently long intermediate period governed by these particles ($\Gamma_X \ll \Gamma_{\varphi}$) can significantly reduce the resulting gravitino abundance,

$$Y_{3/2}^{\rm nt} = \begin{cases} \frac{\Gamma_X}{\Gamma_{\varphi}} Y_{3/2}^{\rm nt,0} & \text{for } X \text{ non-relativistic} \\ \\ \left(\frac{\Gamma_X}{\Gamma_{\varphi}}\right)^{1/2} Y_{3/2}^{\rm nt,0} & \text{for } X \text{ relativistic} \end{cases}$$
(66)

The reason for this suppression is that during the X-dominated phase no gravitinos are produced according to Eq. (60), while the onset of the radiation dominated era, crucial to linking the produced gravitino abundance to the reheating temperature, is delayed.

A further suppression of the final gravitino abundance arises if $m_{3/2} < \Gamma_{\varphi}$. In this case, part of the initial abundance of φ particles will have decayed before the nonthermal gravitino production sets in, leading to

$$Y_{3/2}^{\rm nt} = \begin{cases} \exp\left[-\frac{2\Gamma_{\varphi}}{3m_{3/2}}\right] Y_{3/2}^{\rm nt,0} & \text{for matter domination after } H = \Gamma_{\varphi} \\ \exp\left[-\frac{\Gamma_{\varphi}}{2m_{3/2}}\right] Y_{3/2}^{\rm nt,0} & \text{for radiation domination after } H = \Gamma_{\varphi} \end{cases}$$

$$(67)$$

Fig. 15 illustrates the resulting relaxation of the constraints in the (v, λ) plane. The light-grey contour marks the excluded region for single-stage reheating, the darker shaded regions show how this bound relaxes taking into account the two above mentioned effects, with $\Gamma_{\varphi}/\Gamma_X = 10$ and $\Gamma_{\varphi}/m_{3/2} = 10$, respectively. Of course, this also enlarges the allowed range for the reheating temperature.

In summary, while at first sight the gravitino problem seems to exclude a significant part of the parameter space in the case of gravitino LSP, cf. Fig. 15, there are several ways to avoid these constraints, e.g. assuming $m_{\varphi} \gg m_z$ with some assumptions on the supersymmetry breaking sector or particular mass hierarchies in the reheating process. However, when embedding hybrid inflation into a more complete model of particle physics and the early universe, these options may not all be available and in particular, the reheating temperature may not be a free parameter. The above mentioned bounds and possible loopholes must then carefully be taken into account. In any case, the gravitino mass range suitable for rendering hybrid inflation in accordance with the PLANCK data is interesting both from a particle physics as well as from a cosmological point of view, as it contains the mass range relevant for supersymmetric electroweak symmetry breaking and at the same time mass scales which can be restricted by early universe cosmology.

6 Conclusions and outlook

Supersymmetric hybrid inflation models typically feature a true vacuum in which supersymmetry is fully restored. A simple and straightforward way to accommodate soft low-energy supersymmetry breaking in this Minkowski vacuum is to assume that supersymmetry is spontaneously broken by non-vanishing F-terms in a hidden sector, whose dynamics are already completely fixed during inflation. This effectively results in a constant term in the superpotential proportional to the vacuum gravitino mass. Since the mass scale of the gravitino is typically expected to be much smaller than the energy scale of inflation, the effect of this term on the inflationary dynamics has been widely neglected. However, since the inclusion of this term breaks the rotational invariance of the scalar potential in the complex inflaton plane, its effects can be very important even for small gravitino masses. F-term hybrid inflation is consequently a two-field model of inflation, such that its predictions for the observables related to the primordial fluctuations depend not only on the parameters of the scalar potential, but in particular also on the choice of the inflationary trajectory. This puts the measured values of the amplitude of the scalar power spectrum, the scalar spectral index and the amplitude of the local bispectrum into new light: their precise values are no longer dictated by the fundamental model parameters, but are rather strongly influenced by a selection process at very early times that appears to be random within the model itself. As these insights only rely on the presence of a large F-term driving inflation and the assumption of soft symmetry breaking in a hidden sector at very high scales, similar conclusions should apply in comparable inflationary scenarios. We expect that our study and in particular our analysis of the linear term in the scalar potential can be easily generalized to other models of inflation, including large-field models, in which supersymmetry breaking turns an originally single-field model into a multi-field model.

In this paper, we analyzed the inflationary dynamics of F-term hybrid inflation in the complex plane based on the δN formalism. After extending the method presented in Refs. [32,33] so as to explicitly take into account the contributions to the curvature perturbation spectrum produced after the end of slow-roll inflation, we calculated the inflationary observables related to the scalar power spectrum and the local bispectrum as functions of the symmetry breaking scale v, the superpotential coupling λ , the gravitino mass $m_{3/2}$ and the choice of the inflationary trajectory, labeled by the final inflaton phase θ_f . We found that the predictions for the scalar power spectrum are well described in an effective single-field approximation, whereas the bispectrum can obtain large contributions from the inherently multi-field dynamics. In ordinary single-field slow-roll inflation, we would expect the primordial non-Gaussianities to be suppressed by the slow-roll parameters. By contrast, in hybrid inflation in the complex plane, we partly obtained $f_{\rm NL}^{\rm local}$ values roughly as large as 0.5. We cross-checked the results of our numerical analysis by means of analytical calculations, which provided us with accurate analytical formulas for the hill-top regime on the real axis as well as with semi-analytical formulas for the two-field case.

The results of our analysis demonstrate that F-term hybrid inflation is in much better shape than widely believed in two important points. First, the fine-tuning in the initial conditions necessary to obtain successful inflation is greatly reduced. Second, the measured scalar spectral index can be reproduced in a significant part of the parameter space without resorting to a non-canonical Kähler potential. Roughly speaking, a correct spectral index is obtained when the contributions to the slope of the scalar potential from one-loop corrections and from supersymmetry breaking have opposite sign, but are of comparable size. This is typically accomplished along trajectories in the complex plane corresponding to $\theta_f \lesssim \pi/4$, i.e. trajectories which pass through the vicinity of the hill-top region on the real axis. Taking into account the effect of supersymmetry breaking hence links the CMB observables to the mass scale of soft supersymmetry breaking. The resulting mass range for the gravitino mass turns out to lie in a region which is very interesting, including the mass range relevant for supersymmetric electroweak symmetry breaking, for gravitino LSP dark matter as well as for nonthermal dark matter production through the decay of heavy gravitinos. A crucial further development which will have an important impact on F-term hybrid inflation is the ongoing search for primordial B-mode polarization of the CMB radiation. If the recent results of the BICEP2 experiment are confirmed, an explanation within the framework of small-field inflation will be challenging.

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A Simple estimate for the scalar spectral index

Consider a set of scalar fields ϕ^a with canonical kinetic terms,

$$S[\phi] = \int d^4x \sqrt{g} \left(\frac{1}{2} g^{\mu\nu} \partial_\mu \phi^a \partial_\nu \phi_a - V(\phi)\right) \,. \tag{68}$$

In the slow-roll regime of an inflationary phase, the trajectories in field space are determined by the equations of motion

$$3H\dot{\phi}_a = -\partial_a V\,,\tag{69}$$

where *H* is the Hubble parameter obeying the Friedmann equation and $\partial_a = \partial/\partial \phi^a$. To obtain the number of *e*-folds of expansion as a function of an initial point ϕ in field space, one has to evaluate a line integral along the inflationary trajectory, cf. Eq. (14), as well as throughout the preheating process until the point in time when the universe reaches the adiabatic limit.

The amplitude as well the spectral index for the primordial scalar fluctuations are then given by the compact expressions [34]:

$$A_s = \left(\frac{H}{2\pi}\right)^2 \partial^a N \partial_a N \,, \quad n_s - 1 = \frac{M_{\rm Pl}^2}{\partial^c N \partial_c N} \left(2 \,\partial^a \partial^b \ln V - \delta^{ab} \frac{\partial^d V \partial_d V}{V^2}\right) \partial_a N \partial_b N \,. \tag{70}$$

In general, the calculation of $N(\phi)$ is difficult since it requires knowledge of the entire trajectory including the transition from inflation to preheating. However, in effective single-field cases¹⁸ where fluctuations orthogonal to the trajectory yield a negligible contribution to δN , cf. Eq. (33), one can use as an approximation

$$\partial_a N \propto \partial_a V$$
, (71)

evaluated at $N = N_*$. The expressions in Eq. (70) can then be written in a form familiar from single-field inflation,

$$A_{s} = \left(\frac{H}{2\pi}\right)^{2} \frac{1}{2 \epsilon M_{\rm Pl}^{2}}, \quad n_{s} = 1 - 6 \epsilon + 2 \eta, \qquad (72)$$

where ϵ and η are the slow-roll parameters along the inflationary trajectory given in Eqs. (16) and (17). In fact, performing a field redefinition from the fields ϕ^a to a new basis φ^a , such that φ^0 points along the inflationary trajectory and all other fields φ^a with $a \neq 0$ are orthogonal to the trajectory, ϵ and η can be simply written as

$$\epsilon = \frac{1}{2} \frac{M_{\rm Pl}^2}{V^2} \left(\frac{\partial V}{\partial \varphi^0}\right)^2, \quad \eta = \frac{M_{\rm Pl}^2}{V} \frac{\partial^2 V}{(\partial \varphi^0)^2}. \tag{73}$$

Using Eq. (72) as an approximation, one obtains for the spectral index in hybrid inflation, cf. Eqs. (11) and (12),

$$n_s - 1 \simeq 2\eta = \frac{2}{V} \frac{M_{\rm Pl}^2}{v^2} \frac{\partial_x^2 V (\partial_x V)^2 + 2 \partial_x V (\partial_x \partial_y V) \partial_y V + \partial_y^2 V (\partial_y V)^2}{(\partial_x V)^2 + (\partial_y V)^2}, \qquad (74)$$

where

$$\partial_x V = 2af'x - b, \quad \partial_y V = 2af'y, \quad \partial_x \partial_y V = 4af''xy, \tag{75}$$

$$\partial_x^2 V = 4af'' x^2 + 2af', \quad \partial_y^2 V = 4af'' y^2 + 2af'.$$
(76)

¹⁸In general, the predictions of multi-field models of inflation can strongly deviate from the single-field estimate, cf. for instance Refs. [22,23,46]. However, as our numerical analysis, in which we take into account all potentially important effects, shows, this is typically not the case for the power spectrum in F-term hybrid inflation.

B Comment on the recent evidence for CMB B-modes

During the final stages of preparing this paper, the BICEP2 collaboration reported on a measurement of the CMB B-mode power spectrum with unprecedented sensitivity [24]. The observed power spectrum is well fit by the Λ -Cold-Dark-Matter model (which already features B-modes simply because of gravitational lensing) including an additional contribution from primordial tensor perturbations due to inflation with a tensor-to-scalar ratio of $r = 0.2^{+0.07}_{-0.05}$. According to this result and a conservative estimate of the foreground dust polarization, the null hypothesis r = 0 is ruled out at a confidence level of 5.9σ .

Before arriving at a final conclusion, we will have to wait if these ground-breaking results are confirmed by other upcoming experiments. Nevertheless, it is indispensable to comment here on the implications of this measurement on the inflation model discussed in this paper. In F-term hybrid inflation, the tensor-to-scalar ratio is given as

$$r = \frac{A_T}{A_s} = \frac{2H^2}{\pi^2 A_s M_{\rm Pl}^2} \simeq 2.2 \times 10^{-6} \left(\frac{2.18 \times 10^{-9}}{A_s}\right) \left(\frac{\lambda}{10^{-2}}\right)^2 \left(\frac{v}{10^{16} {\rm GeV}}\right)^4, \tag{77}$$

which is, by itself, obviously much too small to explain the BICEP2 result. There are several attempts for model building that can produce larger tensor perturbation in the context of hybrid inflation, for example, by introducing a non-minimal Kähler potential [12, 72] or switching to smooth [73] or shifted hybrid inflation [74]. However, these modifications can only enhance the tensor-to-scalar ration to at most $r \simeq 0.03$. Therefore, the clear conclusion is that F-term hybrid inflation alone cannot explain the signal measured by the BICEP2 experiment.

Another source for CMB B-modes, which is inherent to F-term hybrid inflation ending in a phase transition associated with the spontaneous breaking of a U(1) symmetry, is the cosmic string network formed at the end of inflation. It leads to a signal in the B-mode spectrum which is peaked at larger multipoles than the signal expected from primordial gravitational waves, cf. Ref. [75] for a recent analysis. Generically, cosmic strings with a tension close to the current experimental upper bound, cf. Eq. (10), can have a significant effect on the B-mode power spectrum at multipoles $\ell \sim 100$, which is currently under investigation [76, 77].

Finally, we note that the BICEP2 result is in tension with the upper bound on r deduced from the PLANCK data, r < 0.11 [19]. This tension can be relaxed by going to less minimal theoretical models, for instance by allowing for a large running of the scalar spectral index. But in particular upcoming experimental data from B-mode observation experiments such as PLANCK [78], the Keck Array [79], ABS [80], SPTpol [81] or POLARBEAR [82] will be crucial for any final conclusion.

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