# Phase transition and monopole production in supergravity inflation 

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#### Abstract

In F-term supergravity inflation models, scalar fields other than the inflaton generically receive a Hubble-induced mass, which may restore gauge symmetries during inflation and phase transitions may occur during or after inflation as the Hubble parameter decreases. We study monopole (and domain wall) production associated with such a phase transition in chaotic inflation in supergravity and obtain a severe constraint on the symmetry breaking scale which is related with the tensor-toscalar ratio. Depending on model parameters, it is possible that monopoles are sufficiently diluted to be free from current constraints but still observable by planned experiments.


## I. INTRODUCTION

Although the standard model (SM) of particle physics has been tested with great accuracy, there remain many issues that the SM cannot explain, such as the origin of dark matter or the hierarchy between the electroweak scale and the Planck scale. Thus, we need physics beyond the SM. One of the most promising candidates is supersymmetry (SUSY) [1], which can solve the above problems naturally. Moreover, the running of gauge coupling constants in SUSY suggests the unification of gauge interactions.

In the grand unified theories (GUTs) [2, 3], the gauge interaction is described by a gauge group $G_{\text {GUT }}$ with a single gauge coupling constant, which contains the standard model gauge group, $G_{S M}=S U(3)_{C} \times S U(2)_{L} \times U(1)_{Y}$, as a subgroup. Thus far, many models of GUTs, especially its supersymmetric version (SUSY GUTs) have been proposed, such as those based on $S U(5)$ or $S O(10)$. Some of them directly break down to $G_{\text {SM }}$ and others have one or more intermediate symmetry groups between $G_{\text {GUT }}$ and $G_{\text {SM }}$. Phenomenological aspects of GUTs have been studied intensively [2]. The idea of GUT has also opened a window for studying the early Universe such as baryogenesis [4].

However, there is a severe problem in GUTs. When the GUT gauge symmetry and other intermediate symmetry breaks down, topological defects [5] such as (magnetic) monopoles [6, 7], strings or domain walls are formed through the Kibble mechanism [8]. In particular, magnetic monopoles are inevitably produced during the course of GUT phase transition down to $U(1)_{Y}$. They are copiously produced and overclose the Universe ${ }^{1}$, although the detail of monopole production depends on the pattern of symmetry breaking [12].

Inflation [13, 14] was proposed as a solution to this problem because inflationary expansion of the Universe dilutes monopoles sufficiently. It can also solve other cosmological problems such as horizon and flatness problems and account for the origin of primordial fluctuations. Now it is a part of "standard" cosmology. In order for the monopoles to be diluted sufficiently, inflation must take place after the phase transition. On the other hand, scenarios in which phase transition takes place after inflation are ruled out unless one assumes an artificial mechanism to dilute them such as thermal inflation [15, 16]. In order for the GUT symmetry not to be restored after inflation, the reheating temperature

[^0]after inflation must be much smaller than the GUT scale. Otherwise, thermal effects might stabilize the Higgs at the origin where the symmetry is restored.

In this paper, we emphasize that not only the reheating temperature, but also the Hubble scale during inflation must be smaller than the GUT scale in order to avoid the monopole problem in the context of F-term inflation models in supergravity [17]. A typical feature of F-term inflation models is the appearance of the Hubble-induced mass [18] to any scalar field, which is inevitable unless one assumes some shift symmetries [19, 20] or non-canonical Kähler potential. At the onset of inflation, the Hubble parameter is very large and gradually decreases during inflation. The Higgs field responsible for the symmetry breaking also acquires the Hubble-induced mass, and it may be this Hubble mass term that controls the phase transition [21] in the way quite similar to the curvature induced phase transitions proposed in Refs. $[22-24]$. In particular, it is possible that the phase transition takes place during inflation ${ }^{2}$. This consideration leads us to the conclusion that the symmetry breaking scale must be larger than the Hubble scale of inflation.

Among many (F-term) inflation models, chaotic inflation [20, 27] is one of the most interesting models from this viewpoint. It is one of the simplest models of inflation and predicts large tensor perturbation that can be detected by PLANCK [28, 29], with its energy scale close to the GUT scale $\sim 10^{16} \mathrm{GeV}$. Therefore, if future detection of B-mode polarization confirms the chaotic inflation, the symmetry breaking scale will be tightly constrained. Moreover, it may be expected that the spontaneous symmetry breaking of GUT, or other intermediate symmetries, takes place during chaotic inflation. In such a case, the expected monopole flux may be within the reach of future experiments.

In this paper, we focus on the chaotic inflation model [20, 27] and study the feature of phase transition in detail. We find that the symmetry breaking scale associated with monopole production must be large enough so that it occurs well before the end of inflation. We carefully estimate the number density of monopoles at the time of the phase transition during chaotic inflation. We find that the symmetry breaking scale $M$ is bounded below as $M>(1-4) \times 10^{13} \kappa^{-1} \mathrm{GeV}$ depending on the reheating temperature, with $\kappa$ being the coupling constant in the model, if the $B$-mode of the CMB polarization is detected by

[^1]on-going and future experiments such as PLANCK [28, 29], QUIET+PolarBeaR [30] or LiteBIRD [30, 31]. If the reheating temperature of the Universe is determined by precise measurements of CMB [32] or the detection of inflationary gravitational waves [33], this constraint becomes severer. Moreover, we find that there are parameter space where the direct detection of monopoles can be expected.

This paper is organized as follows. In the next section, we make a general discussion on the phase transition during inflation. In Sec. III, we investigate the case of chaotic inflation and monopole production quantitatively. The final section is devoted to conclusions and discussion.

## II. PHASE TRANSITION IN F-TERM INFLATION

Monopoles are topological defects that are formed when a gauge group $G$ breaks down to a subgroup $H$ of $G$ if the homotopy group satisfies $\pi_{2}(G / H) \neq 0$. The spontaneous breaking of GUT and other intermediate symmetries down to the SM gauge group generally predict monopole production [12].

When a scalar multiplet that has a gauge charge of $G$ acquires a nonvanishing expectation value, spontaneous symmetry breaking takes place. To be concrete, let us consider following superpotentials for the Higgs field,

$$
\begin{equation*}
W=\kappa S\left(\operatorname{Tr} \Sigma^{2}-M^{2}\right), \tag{1}
\end{equation*}
$$

where the supermultiplet $\Sigma$ is adjoint representation of $G=S U(N)$, or,

$$
\begin{equation*}
W=\kappa S\left(H \bar{H}-M^{2}\right), \tag{2}
\end{equation*}
$$

where the supermultiplets $H(\bar{H})$ are (anti-) fundamental representations of $G$, or

$$
\begin{equation*}
W=\kappa S\left(\Phi \bar{\Phi}-M^{2}\right), \tag{3}
\end{equation*}
$$

where supermultiplets $\Phi(\bar{\Phi})$ are (anti-)fundamental representations of $G^{\prime}$ with $G=G^{\prime} \times U(1)$ and oppositely charged under $U(1)$ and so on. Here $S$ is an additional singlet, $\kappa$ is a numerical coefficient, which is taken to be real and positive, less than $\mathcal{O}(1)$, and $M$ is a mass parameter corresponding to the symmetry breaking scale. If the system has a monopole solution, there
are at least three scalar degrees of freedom whose potential can be reduced to

$$
\begin{equation*}
V=\frac{1}{2} \kappa^{2}\left(\sum_{a=1}^{3} \sigma_{a}^{2}-2 M^{2}\right)^{2} \tag{4}
\end{equation*}
$$

after field redefinition and imposing D-flat condition. Here $\sigma_{a}(a=1,2,3)$ is real scalar degrees of freedom. Equation (4) has a vacuum at $S=0, \sum_{a} \sigma_{a}^{2}=2 M^{2}$, around which the $G$ is spontaneously broken. An illustrative example is a left-right symmetric group $S U(2)_{L} \times S U(2)_{R} \times U(1)_{B-L}$, broken by the VEV of an adjoint representation $\Sigma$ of $S U(2)_{R}$, which is further followed by the successive phase transition $U(1)_{R} \times U(1)_{B-L} \rightarrow U(1)_{Y}$. This discussion is general in all the symmetry breaking that predicts monopole production. More concrete models will be discussed in Sec. IIIC Hereafter we mainly use $\Sigma$ as a Higgs multiplet symbolically but the result is general.

Before going into the discussion of phase transition during inflation, let us briefly see the phase transition triggered by thermal effects. The usual thermal phase transition proceeds as follows. At a high temperature, the Higgs field acquires a large thermal mass of order of $\sim T^{2} \sigma_{a}^{2}$ and hence it is stabilized at the origin. As the temperature of the Universe decreases, the bare tachyonic mass $-\kappa^{2} M^{2} \sigma_{a}^{2}$ overwhelms thermal mass. At that time the Higgs field becomes unstable and phase transition takes place producing monopoles. The monopole mass is given by $[6,7]$,

$$
\begin{equation*}
M_{\mathrm{m}} \simeq \frac{4 \pi M}{g_{\mathrm{G}}} \tag{5}
\end{equation*}
$$

where $g_{\mathrm{G}}$ is the gauge coupling constant. The monopole is so heavy that we can neglect the effect of monopole annihilation [22]. Without a dilution mechanism [34], they would soon overclose the Universe. In order to avoid the monopole overproduction in thermal phase transition, the reheating temperature after inflation cannot be higher than the GUT scale. In SUSY, however, there is an even more strict upper bound on the reheating temperature as $T_{R} \lesssim 10^{6-9} \mathrm{GeV}$ for avoiding the overproduction of the gravitino [35]. Thus the GUT symmetry is likely never restored thermally after inflation.

Instead, the symmetry may be restored and the phase transition may be triggered by the Hubble-induced mass, which we focus on hereafter. Assuming canonical Kähler potential for the Higgs multiplet(s), the scalar potential of the system includes a Hubble-induced mass [18],

$$
\begin{equation*}
V\left(\sigma_{a}\right) \ni \exp \left(\frac{|\Sigma|^{2}}{M_{G}^{2}}\right)\left|\frac{\partial W_{\mathrm{inf}}}{\partial \phi_{\mathrm{inf}}}\right|^{2} \simeq \frac{3}{2} H^{2} \sigma_{a}^{2} \tag{6}
\end{equation*}
$$

where $\phi_{\mathrm{inf}}$ is the inflaton, $W_{\mathrm{inf}}$ is its superpotential and $M_{G}$ is the reduced Planck mass ${ }^{3}$. Here we have used the Friedmann equation

$$
\begin{equation*}
3 H^{2} M_{G}^{2}=V\left(\phi_{\mathrm{inf}}\right)=\left|\frac{\partial W_{\mathrm{inf}}}{\partial \phi_{\mathrm{inf}}}\right|^{2} \tag{7}
\end{equation*}
$$

If $\kappa M<H$ at the end of inflation, the symmetry is not broken until the Hubble parameter decreases to $\sim \kappa M$. Thus, monopoles are produced after inflation, which leads to a cosmological disaster. On the other hand, if $\kappa M \gg H$ at the end of inflation, the symmetry is broken before the end of inflation and monopoles can be diluted sufficiently. Moreover, it is possible that the phase transition takes place just before the end of inflation if the Hubble parameter decreases with a sizable rate during inflation.

This argument offers us an important suggestion. In supersymmetric F-term inflation models, the symmetry breaking scales of GUT and other intermediate symmetries that are associated with monopole (or domain wall) production must be larger than the Hubble parameter during inflation. Note that GUT gauge group $G_{\text {GUT }}$ does not have to break directly down to $G_{\text {SM }}$ but it is possible that there are one or more gauge groups between $G_{\text {GUT }}$ and $G_{\text {SM }}$, as has been mentioned. Therefore, there can be several breaking scales below the GUT scale ( $\sim 10^{16} \mathrm{GeV}$ ). All these symmetry breaking scales are constrained by this condition, if the corresponding symmetry breaking is associated with monopole or domain wall production.

Actually, the Hubble parameter during inflation can be proved by the observation of $B$-mode polarization in CMB. Tensor perturbation in the primordial perturbation, which is imprinted in the B -mode polarization, is related to the Hubble parameter during inflation as

$$
\begin{equation*}
\mathcal{P}_{T}=\left.\frac{8}{M_{G}^{2}}\left(\frac{H}{2 \pi}\right)^{2}\right|_{H=k / a} \tag{8}
\end{equation*}
$$

If the satellite experiments such as Planck [28, 29] or LiteBird [30, 31], or the ground-based detectors such QUIET+PolarBeaR [30] detect the $B$-mode of the CMB polarization in the near future, GUT and other intermediate breaking scales will be severely constrained as $M>10^{13} \kappa^{-1} \mathrm{GeV}\left(10^{-12} \kappa^{-1} \mathrm{GeV}\right)$ for $r=0.1\left(10^{-3}\right)$.

[^2]Interestingly enough, as noted earlier, the phase transition may take place just before the end of inflation. In such a case the dilution of monopoles is rather mild, and an observable amount of monopoles may be left in the Universe. The precise constraint on the symmetry breaking scale $M$ depends on when the phase transition took place. It is interesting if the phase transition takes place slightly before the end of inflation, because monopole searches such as IceCube [36], combined with the detection of B-mode, will provide us with useful information on the GUT symmetry breaking. We will investigate in detail the possibility of the phase transition and monopole production during inflation in the next section.

Note that there is much literature that discusses the monopole problem associated with the superpotential of the form Eqs. (11), (2), or (3), especially in the inflation models embedded in the Higgs sector of the GUT symmetry breaking. For example, in Ref. [10], the shifted inflation is embedded in the $\mathrm{SU}(5)$ GUT model and the monopole problem is avoided by violating the $\operatorname{SU}(5)$ gauge symmetry during the course of inflation already. In Ref. [11], a flat direction in GUT (to be concrete, they choose Pati-Salam and SO(10) models) is identified with the inflaton for hybrid inflation and GUT symmetry is broken already during inflation thanks to the higher dimensional operators. In Ref. [37], nonminimal "Higgs" inflation is embedded in the Pati-Salam model and the monopole problem is avoided by identifying the Higgs field with the inflaton for the chaotic inflation, which means that Pati-Salam gauge symmetry is already broken during the course of inflation. Other recent studies are listed in Ref. [38]. Generally, however, inflation does not need to be embedded in the GUT-breaking sector ${ }^{4}$. In this case, GUT symmetry restoration during inflation due to the large Hubbleinduced mass and succeeding phase transition is inevitable if the Hubble parameter during inflation is large enough as we have seen above. Moreover, since the symmetry preserving state must not be the local potential minimum, superpotential of the form Eqs. (11), (2), or (3) is needed. Here, we focus on such a case although the superpotential has a similar form to that for the hybrid inflation.

[^3]
## III. MONOPOLE PRODUCTION IN CHAOTIC INFLATION

## A. Monopole Production during Chaotic Inflation

In this section, we investigate monopole production during chaotic inflation in supergravity [20]. The energy scale at the end of chaotic inflation is around $10^{13} \mathrm{GeV}$, which is close to the reasonable GUT and other intermediate symmetry breaking scales. Therefore, it is worth focusing on this specific inflation model.

The Kähler and superpotential for the model we adopt here are

$$
\begin{align*}
K & =\frac{1}{2}\left(\Phi+\Phi^{\dagger}\right)^{2}+|X|^{2}+|S|^{2}+|\Sigma|^{2},  \tag{9}\\
W & =m X \Phi+\kappa S\left(\operatorname{Tr} \Sigma^{2}-M^{2}\right), \tag{10}
\end{align*}
$$

where $\Phi$ is the inflaton and $X$ is an additional singlet, $m$ is the inflaton mass and $M$ is the symmetry breaking scale. We impose $R$-symmetry and discrete $Z_{2}$ symmetry in order to suppress all other unwanted couplings such as $X \Phi^{2}, S \Phi$, etc ${ }^{5}$. Charge assignments on the fields are shown in Table I. In this model, the imaginary part of $\Phi, \varphi \equiv \operatorname{Im} \Phi / \sqrt{2}$ acts as the inflaton because the shift symmetry in the Kähler potential, $\Phi \rightarrow \Phi+i c$ where $c$ is a real parameter, protects it from obtaining the exponential growth of the scalar potential. Explicitly, the scalar potential includes a term like

$$
\begin{equation*}
V=e^{K}\left[D_{i} W K^{i \bar{j}} D_{\bar{j}} W^{*}-\frac{3}{M_{G}^{2}}|W|^{2}\right] \ni 3 H^{2} M_{G}^{2} \exp \left(\frac{2(\operatorname{Re} \Phi)^{2}}{M_{G}^{2}}\right), \tag{11}
\end{equation*}
$$

where

$$
\begin{equation*}
D_{i} W \equiv \frac{\partial W}{\partial \phi_{i}}+\frac{1}{M_{G}^{2}} \frac{\partial K}{\partial \phi_{i}} W, \quad K^{i \bar{j}} \equiv\left(\frac{\partial^{2} K}{\partial \phi_{i} \partial \phi_{j}^{*}}\right)^{-1} \tag{12}
\end{equation*}
$$

This potential has a vacuum at

$$
\begin{equation*}
\Phi=X=S=0, \quad \sum_{a=1}^{3} \sigma_{a}^{2}=2 M^{2} \tag{13}
\end{equation*}
$$

where $\sigma_{a}$ is the effective real scalar degree of freedom of the Higgs field $\Sigma$. Around this minimum, the Higgs fields have a mass of $\kappa M$ and massive gauge bosons acquire a mass of $g_{\mathrm{G}} M$.

[^4]|  | $\Phi$ | $X$ | $S$ | $\Sigma$ |
| :---: | :---: | :---: | :---: | :---: |
| $R$ | 0 | +2 | +2 | 0 |
| $Z_{2}$ | -1 | -1 | 0 | 0 |

TABLE I: Charge assignments on superfields in the model under the $R$-symmetry and $Z_{2}$ symmetry.

The inflaton $\varphi$ has a simple quadratic potential beyond the Planck scale. If $\varphi$ acquires a large field value, $\varphi \gg M_{G}$, it enters the slow-roll regime and inflation takes place. The equation of motion is given by

$$
\begin{align*}
& 3 H(\varphi) \dot{\varphi}+m^{2} \varphi=0,  \tag{14}\\
& 3 H^{2}(\varphi) M_{G}^{2}=\frac{1}{2} m^{2} \varphi^{2}, \tag{15}
\end{align*}
$$

The slow-roll condition is violated at $\varphi \simeq \varphi_{\mathrm{e}} \equiv \sqrt{2} M_{G}$, when inflation is terminated. The number of $e$-folds of inflation from $\varphi$ to $\varphi_{\mathrm{e}}$ reads

$$
\begin{equation*}
\mathcal{N}(\varphi)=\frac{1}{M_{G}^{2}} \int_{\varphi_{e}}^{\varphi} \frac{V}{V^{\prime}} d \varphi=\frac{1}{4 M_{G}^{2}}\left(\varphi^{2}-2 M_{G}^{2}\right) \tag{16}
\end{equation*}
$$

Observable quantities, such as the magnitude of the power spectrum of the curvature perturbation $\mathcal{P}_{\mathcal{R}}$, the scalar spectral index of primordial curvature perturbation, $n_{s}$, and the tensor-to-scalar ratio, $r$, are expressed in terms of the number of $e$-folds when observable scales exit the horizon as follows,

$$
\begin{align*}
\mathcal{P}_{\mathcal{R}} & =\frac{1}{24 \pi^{2} \epsilon} \frac{V}{M_{G}^{4}} \simeq \frac{4 m^{2}}{3 \pi^{2} M_{G}^{2}} \mathcal{N}_{\mathrm{COBE}}^{4},  \tag{17}\\
n_{s}-1 & =-6 \epsilon+2 \eta \simeq-\frac{2}{\mathcal{N}_{\mathrm{COBE}}},  \tag{18}\\
r & =16 \epsilon \simeq \frac{8}{\mathcal{N}_{\mathrm{COBE}}} . \tag{19}
\end{align*}
$$

where $\mathcal{N}_{\text {COBE }} \simeq 50-60$ depending on the reheating temperature. Here $\epsilon=\left(M_{G}^{2} / 2\right)\left(V^{\prime} / V\right)^{2}$ and $\eta=M_{G}^{2}\left(V^{\prime \prime} / V\right)$ are slow-roll parameters. The present observation, $\mathcal{P}_{\mathcal{R}}=2.4 \times 10^{-9}$ [43], determines the mass of the inflaton to be $m \sim 10^{13} \mathrm{GeV}$. The tensor-to-scalar ratio is predicted to be $r \sim 0.13-0.16$, which is expected to be detected by PLANCK [28, 29].

During inflation, the relevant part of the scalar potential is given by ${ }^{6}$

$$
\begin{equation*}
V=\frac{1}{2} m^{2} \varphi^{2}+m^{2}|X|^{2}+3 H^{2}(\varphi)\left(\frac{1}{2} \eta^{2}+|S|^{2}+\frac{1}{2} \sum_{a} \sigma_{a}^{2}\right)+\frac{1}{2} \kappa^{2}\left(\sum_{a} \sigma_{a}^{2}-2 M^{2}\right)^{2} . \tag{20}
\end{equation*}
$$

The mass eigenvalue of the Higgs fields around the origin reads

$$
\begin{equation*}
m_{\sigma}^{2}=3 H^{2}(\varphi)-\kappa^{2} M^{2} \tag{21}
\end{equation*}
$$

If the Hubble parameter is large enough, all the fields except for $\varphi$ and $X$ quickly settle down to the origin because of the Hubble-induced masses. Then the gauge symmetry is restored. $X$ also has a mass of $m$ and hence its evolution is described by the slow-roll equation. However, in the case where $\varphi \gg|X|$, which we consider here, it does not influence the inflaton dynamics and the density perturbations [20].

Now we see how the phase transition and monopole production proceed, following the arguments of Ref. [24]. When the Hubble parameter is large enough, the Higgs fields settle down to the origin. As the Hubble parameter decreases, the mass eigenvalue of Higgs fields [Eq. (21)] becomes negative. As the symmetric state $\Sigma=0$ becomes unstable, it starts to fall down towards the true vacuum. One may expect that the phase transition takes place when the minus of the Higgs mass squared becomes as large as the Hubble parameter,

$$
\begin{equation*}
m_{\sigma}^{2}=V^{\prime \prime}(\Sigma=0)=-H^{2}(\varphi) \tag{22}
\end{equation*}
$$

when the slow-roll conditions for the Higgs fields are violated and their dynamics is governed by the classical potential force. However, in the present case where the effective mass is time dependent, this treatment may not be valid. In order to treat the behavior of the Higgs fields around the epoch of phase transition appropriately, we adopt the stochastic approach [44, 45]. When the Higgs field is in the slow-roll regime with $\left|V^{\prime \prime}(\Sigma=0)\right| \lesssim H^{2}(\varphi)$, a coarse-grained or a long-wavelength mode of the Higgs field obeys the Langevin equation [44, 45],

$$
\begin{equation*}
\frac{d \sigma(\boldsymbol{x}, \mathcal{N})}{d \mathcal{N}}=-\frac{V^{\prime}(\sigma)}{3 H^{2}(\mathcal{N})}+\frac{f(\boldsymbol{x}, \mathcal{N})}{H(\mathcal{N})} \tag{23}
\end{equation*}
$$

where $\mathcal{N} \equiv \log a(t)-\log a\left(t_{0}\right)$ is the number of $e$-folds from $t_{0}$ to $t\left(t_{0}\right.$ is an initial time that can be taken arbitrarily) and $f(\boldsymbol{x}, \mathcal{N})$ is a stochastic noise whose correlation function

[^5]is given by
\[

$$
\begin{equation*}
\left\langle f\left(\boldsymbol{x}, \mathcal{N}_{1}\right) f\left(\boldsymbol{x}, \mathcal{N}_{2}\right)\right\rangle=\frac{H^{4}\left(\mathcal{N}_{1}\right)}{4 \pi^{2}} \delta\left(\mathcal{N}_{1}-\mathcal{N}_{2}\right), \quad\langle f(\boldsymbol{x}, \mathcal{N})\rangle=0 \tag{24}
\end{equation*}
$$

\]

The first term in Eq. (23) represents the classical force and the second one represents the stochastic force. When the first term overwhelms the second term,

$$
\begin{equation*}
\left|\frac{V^{\prime}\left(\left\langle\sigma^{2}\left(\mathcal{N}^{\prime}\right)\right\rangle^{1 / 2}\right)}{3 H^{2}(\mathcal{N})}\right| \gg \frac{\left\langle f^{2}(\mathcal{N})\right\rangle^{1 / 2}}{H(\mathcal{N})}=\frac{H(\mathcal{N})}{2 \pi} \tag{25}
\end{equation*}
$$

the classical equation of motion begins to determine the dynamics of the Higgs field. After that, its dynamics is decisive. We expect that monopole distribution is determined at this time.

Noting that the Hubble parameter is written by

$$
\begin{equation*}
H^{2}(\mathcal{N})=H_{0}^{2}-\frac{2 \mathcal{N}}{3} m^{2} \tag{26}
\end{equation*}
$$

where $H_{0}^{2}=m^{2} \varphi\left(t_{0}\right)^{2} / 2$, Eq. (23) reads

$$
\begin{equation*}
\frac{d \sigma(\boldsymbol{x}, \mathcal{N})}{d \mathcal{N}}=-\left(1-\frac{\kappa^{2} M^{2}}{3 H_{0}^{2}-2 \mathcal{N} m^{2}}\right) \sigma(\boldsymbol{x}, \mathcal{N})+\frac{f(\boldsymbol{x}, \mathcal{N})}{\sqrt{H_{0}^{2}-\frac{2 \mathcal{N}}{3} m^{2}}} \tag{27}
\end{equation*}
$$

Equation (27) is solved as

$$
\begin{align*}
\sigma(\mathcal{N})= & \left\{\sigma(\mathcal{N}=0)+\int_{0}^{\mathcal{N}} d \mathcal{N}^{\prime} \frac{f\left(\boldsymbol{x}, \mathcal{N}^{\prime}\right)}{\sqrt{H_{0}^{2}-\frac{2 \mathcal{N}^{\prime}}{3} m^{2}}} \exp \left[\int_{0}^{\mathcal{N}^{\prime}} d \mathcal{N}^{\prime \prime}\left(1-\frac{\kappa^{2} M^{2}}{3 H_{0}^{2}-2 \mathcal{N}^{\prime \prime} m^{2}}\right)\right]\right\} \\
& \times \exp \left[-\int_{0}^{\mathcal{N}} d \mathcal{N}^{\prime}\left(1-\frac{\kappa^{2} M^{2}}{3 H_{0}^{2}-2 \mathcal{N}^{\prime} m^{2}}\right)\right] \\
= & {\left[\sigma_{0}+\int_{0}^{\mathcal{N}} d \mathcal{N}^{\prime} \frac{f(\boldsymbol{x}, \mathcal{N})}{H_{0}}\left(1-\frac{2 m^{2} \mathcal{N}^{\prime}}{3 H_{0}^{2}}\right)^{\kappa^{2} M^{2} / 2 m^{2}-1 / 2} e^{\mathcal{N}^{\prime}}\right] } \\
& \times\left(1-\frac{2 m^{2} \mathcal{N}}{3 H_{0}^{2}}\right)^{-\kappa^{2} M^{2} / 2 m^{2}} e^{-\mathcal{N}} . \tag{28}
\end{align*}
$$

From this solution, we can follow the evolution of the expectation value of the Higgs field,

$$
\begin{equation*}
\left\langle\sigma^{2}(\mathcal{N})\right\rangle=\left[\left\langle\sigma_{0}^{2}\right\rangle+\frac{H_{0}^{2}}{4 \pi^{2}} \int_{0}^{\mathcal{N}} d \mathcal{N}^{\prime}\left(1-\frac{2 m^{2} \mathcal{N}^{\prime}}{3 H_{0}^{2}}\right)^{\kappa^{2} M^{2} / m^{2}+1} e^{2 \mathcal{N}^{\prime}}\right]\left(1-\frac{2 m^{2} \mathcal{N}}{3 H_{0}^{2}}\right)^{-\kappa^{2} M^{2} / m^{2}} e^{-2 \mathcal{N}} \tag{29}
\end{equation*}
$$

Expanding the following terms as

$$
\begin{align*}
\log \left[e^{-2 \mathcal{N}}\left(1-\frac{2 m^{2} \mathcal{N}}{3 H_{0}^{2}}\right)^{-\frac{\kappa^{2} M^{2}}{m^{2}}}\right]= & \left(\frac{2 \kappa^{2} M^{2}}{3 H_{0}^{2}}-2\right) \mathcal{N}+\frac{2 \kappa^{2} m^{2} M^{2}}{9 H_{0}^{4}} \mathcal{N}^{2} \\
& +\frac{\kappa^{2} M^{2}}{m^{2}} \mathcal{O}\left(\left(\frac{2 m^{2} \mathcal{N}}{3 H_{0}^{2}}\right)^{3}\right),  \tag{30}\\
\log \left[e^{2 \mathcal{N}}\left(1-\frac{2 m^{2} \mathcal{N}}{3 H_{0}^{2}}\right)^{\frac{\kappa^{2} M^{2}}{m^{2}}+1}\right]= & 2\left(1-\frac{\kappa^{2} M^{2}+m^{2}}{3 H_{0}^{2}}\right) \mathcal{N}-\frac{2 m^{2}}{9 H_{0}^{4}}\left(m^{2}+\kappa^{2} M^{2}\right) \mathcal{N}^{2} \\
& +\left(\frac{\kappa^{2} M^{2}}{m^{2}}+1\right) \mathcal{O}\left(\left(\frac{2 m^{2} \mathcal{N}}{3 H_{0}^{2}}\right)^{3}\right), \tag{31}
\end{align*}
$$

and setting

$$
\begin{equation*}
H_{0}^{2}=\frac{\kappa^{2} M^{2}}{3} \tag{32}
\end{equation*}
$$

corresponding to $m_{\sigma}^{2}\left(H_{0}^{2}\right)=0$, one obtains a following approximation,

$$
\begin{align*}
\left\langle\sigma^{2}(\mathcal{N})\right\rangle \simeq & \left\{\left\langle\sigma_{0}^{2}\right\rangle+\frac{\kappa^{2} M^{2}}{8 \sqrt{2} \pi^{3 / 2}} \frac{c e^{1 / 2(1+c)}}{\sqrt{2(1+c)}}\left[\operatorname{erf}\left(\frac{\sqrt{2(1+c)}}{c} \mathcal{N}+\frac{1}{\sqrt{2(1+c)}}\right)-\operatorname{erf}\left(\frac{1}{\sqrt{2(1+c)}}\right)\right]\right\} \\
& \times \exp \left(\frac{2}{c} \mathcal{N}^{2}\right) \tag{33}
\end{align*}
$$

where we have defined $c \equiv \kappa^{2} M^{2} / m^{2}$. Using the approximate expression,

$$
\operatorname{erf}(x) \simeq \begin{cases}x & (x \ll 1)  \tag{34}\\ 1 & (x \gg 1)\end{cases}
$$

we find

$$
\begin{equation*}
\left\langle\sigma^{2}(\mathcal{N})\right\rangle \simeq\left(\left\langle\sigma_{0}^{2}\right\rangle+\frac{m^{2}}{8 \sqrt{2} \pi^{3 / 2}} \frac{c^{3} e^{1 / 2(1+c)}}{\sqrt{2(1+c)}}\right) \exp \left(\frac{2}{c} \mathcal{N}^{2}\right) \tag{35}
\end{equation*}
$$

for $\mathcal{N} \gg \sqrt{c / 2}$. Thus $\left\langle\sigma^{2}(\mathcal{N})\right\rangle$ starts to grow exponentially at that time and soon satisfies the condition Eq. (25). Therefore, we conclude that the dynamics of the Higgs field enters the classical regime at $\mathcal{N} \simeq \sqrt{c / 2} .{ }^{7}$ This corresponds to the Hubble parameter

$$
\begin{equation*}
H_{\mathrm{f}} \equiv H\left(t_{\mathrm{f}}\right) \simeq \frac{m}{\sqrt{3}}(c-\sqrt{2 c})^{1 / 2} \tag{36}
\end{equation*}
$$

[^6]where $t_{\mathrm{f}}$ is defined as the monopole formation time. Inflation continues after the phase transition. The number of $e$-folds thereafter reads
\[

$$
\begin{equation*}
\Delta \mathcal{N}=\frac{3 H_{\mathrm{f}}^{2}}{2 m^{2}}-\frac{1}{2} \simeq \frac{1}{2}(c-\sqrt{2 c}-1) \tag{37}
\end{equation*}
$$

\]

Next we estimate the power spectrum of the distribution of the Higgs field in order to estimate the number density of monopoles. Naively, one may assume that the mean separation of monopoles would be the Hubble length at its formation time. However, due to the inflationary expansion, scalar fields are correlated beyond the horizon scale, and hence its mean separation becomes larger than the Hubble length. The mode function of the Higgs field obeys the equation of motion,

$$
\begin{equation*}
\ddot{\sigma}_{k}(t)+3 H \dot{\sigma}_{k}(t)+\left(\frac{k}{a(t)}\right)^{2} \sigma_{k}(t)+m_{\sigma}^{2}(t) \sigma_{k}(t)=0 \tag{38}
\end{equation*}
$$

Defining a variable as $\tilde{\sigma}_{k} \equiv a^{3 / 2}(t) \sigma_{k}$, Eq. (38) can be rewritten as

$$
\begin{equation*}
\ddot{\tilde{\sigma}}_{k}+\left[\left(\frac{k}{a(t)}\right)^{2}+m_{\sigma}^{2}(t)-\frac{3}{2} \dot{H}-\frac{9}{4} H^{2}\right] \tilde{\sigma}_{k}=0 \tag{39}
\end{equation*}
$$

In the inflationary stage, the condition $|\dot{H}| \ll H^{2}$ is satisfied and hence we can approximate the Hubble parameter $H$ as a constant over several expansion time scales. Then, we have

$$
\begin{equation*}
\tilde{\sigma}_{k} \simeq \sqrt{\frac{\pi}{4 H}} H_{3 / 2}^{(1)}\left(\frac{k}{H a(t)}\right) \tag{40}
\end{equation*}
$$

for short-wave mode, $k \gg H a(t), m_{\sigma-}(t) a(t)$. Here $H_{3 / 2}^{(1)}$ is the Hankel function of the first kind with rank $3 / 2$ and we have taken the positive frequency mode so that it coincides with that in the Minkowski vacuum in the short-wavelength limit. We have normalized $\tilde{\sigma}_{k}$ as

$$
\begin{equation*}
\tilde{\sigma}_{k}(t) \dot{\tilde{\sigma}}_{k}^{*}(t)-\tilde{\sigma}_{k}^{*}(t) \dot{\tilde{\sigma}}_{k}(t)=i \tag{41}
\end{equation*}
$$

The mode with a comoving wavenumber $k$ shifts from the short-wavelength regime to longwavelength regime during the course of inflation. Thus, the expression (41) should be connected to the solution at long-wavelength regime. For the long-wavelength mode $k \ll$ $H a(t), m_{\sigma-}(t) a(t)$, Eq. (39) can be solved by means of the WKB approximation,

$$
\begin{equation*}
\tilde{\sigma}_{k} \simeq A_{k} a^{3 / 2}\left(t_{k}\right)\left(\frac{S\left(t_{k}\right)}{S(t)}\right)^{1 / 2} \exp \left[\int_{t_{k}}^{t} S\left(t^{\prime}\right) d t^{\prime}\right] \tag{42}
\end{equation*}
$$

where $t_{k}$ satisfies $k=H\left(t_{k}\right) a\left(t_{k}\right)$ and $S$ is defined as ${ }^{8}$

$$
\begin{equation*}
S(t)=\frac{3}{2} H\left(1+\frac{2 \dot{H}}{3 H^{2}}-\frac{4 m_{\sigma}^{2}}{9 H^{2}}\right)^{1 / 2}=\left(\kappa^{2} M^{2}-\frac{m^{2}}{2}-\frac{3 H^{2}}{4}\right)^{1 / 2} \tag{43}
\end{equation*}
$$

Here, $A_{k}$ is a numerical constant, which is determined below. Here, we neglect the decaying mode. Note that this approximation is valid when $|\dot{S}| \ll S^{2}$. In the epoch $H \simeq \kappa M$, which we are interested in, this condition is satisfied.

Connecting these solutions, we find

$$
\begin{equation*}
A_{k} \simeq \sqrt{\frac{H^{2}\left(t_{k}\right)}{2 k^{3}}} \tag{44}
\end{equation*}
$$

Thus we have the mode function in the long-wavelength regime,

$$
\begin{equation*}
\sigma_{k} \simeq \sqrt{\frac{H^{2}\left(t_{k}\right)}{2 k^{3}}}\left(\frac{a\left(t_{k}\right)}{a(t)}\right)^{3 / 2}\left(\frac{S\left(t_{k}\right)}{S(t)}\right)^{1 / 2} \exp \left[\int_{t_{k}}^{t} S\left(t^{\prime}\right) d t^{\prime}\right] . \tag{45}
\end{equation*}
$$

Noting that

$$
\begin{align*}
a=a\left(t_{k}\right) e^{\mathcal{N}}= & a\left(t_{k}\right) \exp \left[\frac{3}{2 m^{2}}\left(H\left(t_{k}\right)^{2}-H(t)^{2}\right)\right]  \tag{46}\\
\int_{t_{k}}^{t} S\left(t^{\prime}\right) d t^{\prime}= & \frac{3}{m^{2}} \int_{H(t)}^{H\left(t_{k}\right)}\left(\kappa^{2} M^{2}-\frac{m^{2}}{2}-\frac{3 H^{\prime 2}}{4}\right)^{1 / 2} d H^{\prime} \\
= & \frac{3}{m^{2}}\left\{\frac{H\left(t_{k}\right)}{4} \sqrt{2\left(2 \kappa^{2} M^{2}-m^{2}\right)-3 H^{2}\left(t_{k}\right)}-\frac{H(t)}{4} \sqrt{2\left(2 \kappa^{2} M^{2}-m^{2}\right)-3 H^{2}(t)}\right. \\
& -\frac{1}{\sqrt{3}}\left(\kappa^{2} M^{2}-\frac{m^{2}}{2}\right)\left(\tan ^{-1} \frac{H\left(t_{k}\right)}{\sqrt{\frac{4}{3}\left(\kappa^{2} M^{2}-m^{2} / 2\right)-H^{2}\left(t_{k}\right)}}\right. \\
& \left.\left.-\tan ^{-1} \frac{H(t)}{\sqrt{\frac{4}{3}\left(\kappa^{2} M^{2}-m^{2} / 2\right)-H^{2}(t)}}\right)\right\} \\
\simeq & \frac{3}{m^{2}}\left[\sqrt{\kappa^{2} M^{2}-\frac{m^{2}}{2}}\left(H\left(t_{k}\right)-H(t)\right)-\left(\frac{H^{3}\left(t_{k}\right)-H^{3}(t)}{8 \sqrt{\kappa^{2} M^{2}-m^{2} / 2}}\right)+\cdots\right] \tag{47}
\end{align*}
$$

we obtain

$$
\begin{align*}
\sigma_{k} & \simeq \sqrt{\frac{H^{2}\left(t_{k}\right)}{2 k^{3}}}\left(\frac{S\left(t_{k}\right)}{S(t)}\right)^{1 / 2} \exp \left[-\frac{9}{4 m^{2}}\left(H^{2}\left(t_{k}\right)-H^{2}(t)\right)+\frac{3}{m^{2}} \sqrt{\kappa^{2} M^{2}-\frac{m^{2}}{2}}\left(H\left(t_{k}\right)-H(t)\right)\right] \\
& =\sqrt{\frac{H^{2}\left(t_{k}\right)}{2 k^{3}}}\left(\frac{S\left(t_{k}\right)}{S(t)}\right)^{1 / 2} \exp \left[-\frac{9}{4 m^{2}}\left(H\left(t_{k}\right)-\frac{2 m}{3} \sqrt{c-\frac{1}{2}}\right)^{2}+\frac{9}{4 m^{2}}\left(H(t)-\frac{2 m}{3} \sqrt{c-\frac{1}{2}}\right)^{2}\right] . \tag{48}
\end{align*}
$$

[^7]Here we neglect the term higher than $H\left(t_{k}\right)^{3}-H(t)^{3}$, which are suppressed by numerical factors that are smaller than $\mathcal{O}\left(10^{-1}\right)$. The exponential factor in the power spectrum of the Higgs field has a peak at the scale $k / a\left(t_{k}\right) \simeq(2 / 3) m \sqrt{c-1 / 2}$, which characterizes the power spectrum. At larger scales, the power spectrum decays exponentially.

From Eq. (48), the power spectrum of the Higgs field at $t=t_{\mathrm{f}}$ is estimated as

$$
\begin{equation*}
\mathcal{P}_{\sigma}=\left|\sigma_{k}\right|^{2} \simeq \frac{H^{2}\left(t_{k}\right)}{2 k^{3}}\left(\frac{S\left(t_{k}\right)}{S(t)}\right) \exp \left[-\frac{9}{2 m^{2}}\left(H\left(t_{k}\right)-\frac{2 m}{3} \sqrt{c-\frac{1}{2}}\right)^{2}+\frac{(2-\sqrt{3})^{2} c}{4}\right] . \tag{49}
\end{equation*}
$$

The power spectrum decays quickly at the scale that satisfies

$$
\begin{equation*}
\exp \left[-\frac{9}{2 m^{2}}\left(H\left(t_{k}\right)-\frac{2 m}{3} \sqrt{c-\frac{1}{2}}\right)^{2}\right] \ll 1 \tag{50}
\end{equation*}
$$

At larger scale, any structure will not appear. Quantitatively, from the discussion of Ref. [24], we conjecture that the largest structure will form at the scale satisfying

$$
\begin{equation*}
\exp \left[-\frac{9}{2 m^{2}}\left(H\left(t_{k}\right)-\frac{2 m}{3} \sqrt{c-\frac{1}{2}}\right)^{2}\right] \sim 10^{-2} \tag{51}
\end{equation*}
$$

This corresponds to the scale $k_{c}$ satisfying

$$
\begin{equation*}
H\left(t_{k_{c}}\right) \simeq m\left(\frac{2}{3} \sqrt{c-\frac{1}{2}}+1\right) \tag{52}
\end{equation*}
$$

In other words, the power spectrum decays at $k<k_{\mathrm{c}}$.
Now we estimate the distribution and number density of monopoles. For this purpose, we first consider the distribution of a massless scalar field in the de Sitter background with Hubble parameter $H$. Suppose that a massless scalar field $\chi$ takes $\chi=0$ at $t=0$ uniformly. This leads to the Gaussian distribution of $\chi$ at $t>0$ and scale-invariant spectrum, $|\chi(k)|^{2}=H^{2} / 2 k^{3}$. Then, the two-point probability distribution function reads,

$$
\begin{align*}
& \rho_{2}\left[\chi\left(\boldsymbol{x}_{1}, t\right)=\chi_{1}, \chi\left(\boldsymbol{x}_{2}, t\right)=\chi_{2}\right] \\
& \quad=\frac{1}{2 \pi G(0, t) \sqrt{1-G^{2}(r, t) / G^{2}(0, t)}} \exp \left\{-\frac{\chi_{1}^{2}+\chi_{2}^{2}-2(G(r, t) / G(0, t)) \chi_{1} \chi_{2}}{2 G(0, t)\left[1-G^{2}(r, t) / G^{2}(0, t)\right]}\right\}, \tag{53}
\end{align*}
$$

where

$$
\begin{align*}
& G(0, t)=\left\langle\chi^{2}(\boldsymbol{x}, t)\right\rangle=\frac{H^{3} t}{4 \pi^{2}}  \tag{54}\\
& G(r, t)=\left\langle\chi\left(\boldsymbol{x}_{1}, t\right) \chi\left(\boldsymbol{x}_{2}, t\right)\right\rangle=\frac{H^{3} t}{4 \pi^{2}}\left(1-\frac{1}{H t} \log (H r)\right), \quad r \equiv\left|\boldsymbol{x}_{1}-\boldsymbol{x}_{2}\right|>H^{-1} . \tag{55}
\end{align*}
$$

Since $\rho_{2}$ expresses the probability at $t$ that the value of $\chi$ is $\chi_{1}$ at $\boldsymbol{x}=\boldsymbol{x}_{1}$ and $\chi_{2}$ at $\boldsymbol{x}=\boldsymbol{x}_{2}$, any correlation function $\left\langle F\left[\chi\left(\boldsymbol{x}_{1}, t\right), \chi\left(\boldsymbol{x}_{2}, t\right)\right]\right\rangle$ is written by

$$
\begin{equation*}
\left\langle F\left[\chi\left(\boldsymbol{x}_{1}, t\right), \chi\left(\boldsymbol{x}_{2}, t\right)\right]\right\rangle=\int_{-\infty}^{\infty} d \chi_{1} \int_{-\infty}^{\infty} d \chi_{2} F\left[\chi_{1}, \chi_{2}\right] \rho_{2}\left[\chi_{1}, \chi_{2}, t\right] . \tag{56}
\end{equation*}
$$

Note that a monopole exists between two separate points if all the signs of three scalar fields are opposite at these two points. Then, the probability of existence of monopoles between $\boldsymbol{x}_{1}$ and $\boldsymbol{x}_{2}$ is

$$
\begin{align*}
P(t) & =\left(\int_{-\infty}^{0} d \chi_{1} \int_{0}^{\infty} d \chi_{2} 2 \rho_{2}\left[\chi_{1}, \chi_{2}, t\right]\right)^{3}=\frac{1}{\pi^{3}}\left\{\cos ^{-1}\left(\frac{G(r, t)}{G(0, t)}\right)\right\}^{3} \\
& =\frac{1}{\pi^{3}}\left\{\cos ^{-1}\left(1-\frac{1}{H t} \log (H r)\right)\right\}^{3} . \tag{57}
\end{align*}
$$

For $H t \gg 1$ and $H r \simeq e$, it can be approximated as

$$
\begin{equation*}
P(t) \simeq \frac{2^{3 / 2}}{\pi^{3}(H t)^{3 / 2}} \tag{58}
\end{equation*}
$$

Let us relate $P(t)$ to the distribution of monopoles. Define $n(V)$ as the number density of monopoles. Here $V \sim l^{3}$, where $l$ is the mean separation of monopoles. In other words, $V$ is the volume that a monopole occupies. The possible value of $V$ is $H^{-3} \lesssim V \lesssim H^{-3} e^{3 H t}$. $P(t)$ can be understood as the probability that there is a monopole within a distance of e/ $H$. Thus, it can be expressed as

$$
\begin{equation*}
P(t) \simeq e^{3} H^{-3} \int_{H^{-3}}^{H^{-3} e^{3 H t}} n(V, t) d V \tag{59}
\end{equation*}
$$

Comparing Eq. (58) and Eq. (59), we arrive at the relation,

$$
\begin{equation*}
n(V, t) \propto V^{-\alpha}, \quad \alpha \simeq 1 \tag{60}
\end{equation*}
$$

for large $H t$. Therefore, we conclude that if a Higgs field has a scale-invariant power spectrum, the resultant number density of monopoles would be $n(V) \propto V^{-1}$. The possible value of $V$ is determined by the scales where the scale invariance holds.

From the discussion above, the average number density of monopoles can be estimated as

$$
\begin{equation*}
n_{\mathrm{m}}\left(t_{\mathrm{f}}\right) \simeq \int_{H_{\mathrm{f}}^{-3}}^{\left(k_{\mathrm{c}} / a\left(t_{\mathrm{f}}\right)\right)^{-3}} n\left(V, t_{\mathrm{f}}\right) d V \simeq \frac{\int_{H_{\mathrm{f}}^{-3}}^{\left(k_{\mathrm{c}} / a\left(t_{\mathrm{f}}\right)\right)^{-3}} V^{-1} d V}{\int_{H_{\mathrm{f}}^{-3}}^{\left(k_{\mathrm{c}} / a\left(t_{\mathrm{f}}\right)\right)^{-3}} d V}=\frac{3 \log \left(H_{\mathrm{f}} a\left(t_{\mathrm{f}}\right) / k_{c}\right)}{\left(k_{\mathrm{c}} / a\left(t_{\mathrm{f}}\right)\right)^{-3}-H_{\mathrm{f}}^{-3}} \tag{61}
\end{equation*}
$$

Note that $k / a\left(t_{\mathrm{f}}\right)$ is written as

$$
\begin{equation*}
\frac{k}{a\left(t_{\mathrm{f}}\right)}=\frac{a\left(t_{k}\right)}{a\left(t_{\mathrm{f}}\right)} \frac{k}{a\left(t_{k}\right)}=\exp \left[-\frac{3}{2 m^{2}}\left(H\left(t_{k}\right)^{2}-H\left(t_{\mathrm{f}}\right)^{2}\right)\right] H\left(t_{k}\right) . \tag{62}
\end{equation*}
$$

Exponential expansion of the Universe continues after the phase transition until inflation ends at $H \simeq H_{\mathrm{e}}=\sqrt{1 / 6} m \varphi_{\mathrm{e}} / M_{G} \simeq m / \sqrt{3}$. The number of $e$-folds between the phase transition and the end of inflation has been estimated in Eq. (37). Therefore, monopoles produced at the phase transition are diluted and the average number density of monopoles at the end of inflation is estimated as

$$
\begin{equation*}
n_{\mathrm{m}}\left(t_{\mathrm{e}}\right) \simeq n_{\mathrm{m}}\left(t_{\mathrm{f}}\right) \exp \left[-\frac{3}{2}(c-\sqrt{2 c}-1)\right] \tag{63}
\end{equation*}
$$

At larger $c, n_{\mathrm{m}}\left(t_{\mathrm{e}}\right)$ behaves as

$$
\begin{equation*}
n_{\mathrm{m}}\left(t_{\mathrm{e}}\right) \simeq \frac{4 m^{3} c^{5 / 2}}{27} e^{-2 c}=\frac{4(\kappa M)^{5}}{27 m^{2}} \exp \left[-\frac{2 \kappa^{2} M^{2}}{m^{2}}\right] \tag{64}
\end{equation*}
$$

## B. Constraints on the model parameter

Let us estimate the present monopole abundance. After inflation, the inflaton starts damped oscillation and the Universe expands like the matter-dominated era. Eventually, the inflaton decays into radiation and the Universe is reheated. The monopole-to-entropy ratio is fixed after the reheating, and it is estimated as

$$
\begin{equation*}
\frac{n_{\mathrm{m}}}{s}\left(t_{R}\right) \simeq \frac{3}{4}\left(\frac{g_{*}}{g_{s *}}\right) \frac{T_{R}}{m^{2} M_{G}^{2}} n_{\mathrm{m}}\left(t_{\mathrm{e}}\right) \tag{65}
\end{equation*}
$$

where $T_{R}$ is the reheating temperature and $g_{*} \simeq g_{s *} \simeq 200$ are the relativistic degrees of freedom. If there are no late-time entropy production processes, this quantity is conserved until the present time.

The abundance of monopoles are constrained by the condition that it must not exceed the dark matter abundance. The present dark matter abundance is given by [43]

$$
\begin{equation*}
\Omega_{\mathrm{DM}} h^{2} \simeq 0.11 \tag{66}
\end{equation*}
$$

where $h \equiv H_{0} /\left(100 \mathrm{~km} \mathrm{sec}^{-1} \mathrm{Mpc}^{-1}\right) \approx 0.7$ and $H_{0}$ is the present Hubble parameter. This can be rewritten in terms of the dark matter energy density-to-entropy ratio,

$$
\begin{equation*}
\frac{\rho_{\mathrm{DM}}}{s} \simeq 4.1 \times 10^{-10} \mathrm{GeV} \tag{67}
\end{equation*}
$$

On the other hand, from Eqs. (5) and (65), the present monopole abundance is estimated as

$$
\begin{equation*}
\frac{\rho_{\mathrm{m}}}{s}=\frac{M_{\mathrm{m}} n_{\mathrm{m}}}{s} \simeq 3.2 \times 10^{-8}\left(\frac{M}{10^{15} \mathrm{GeV}}\right)\left(\frac{0.5}{g_{\mathrm{G}}}\right)\left(\frac{g_{*}}{g_{* s}}\right)\left(\frac{m}{10^{13} \mathrm{GeV}}\right)\left(\frac{n_{\mathrm{m}}\left(t_{\mathrm{e}}\right)}{m^{3}}\right) T_{R} . \tag{68}
\end{equation*}
$$

Therefore, the constraint on the monopole abundance is expressed as

$$
\begin{equation*}
T_{R}<1.3 \times 10^{-2} \mathrm{GeV} \times\left(\frac{M}{10^{15} \mathrm{GeV}}\right)^{-1}\left(\frac{g_{\mathrm{G}}}{0.5}\right)\left(\frac{g_{* s}}{g_{*}}\right)\left(\frac{m}{10^{13} \mathrm{GeV}}\right)^{-1}\left(\frac{n_{\mathrm{m}}\left(t_{\mathrm{e}}\right)}{m^{3}}\right)^{-1} \tag{69}
\end{equation*}
$$

Next we consider the constraint from the flux of monopoles. The average number density of monopoles estimated above corresponds to the flux of monopoles as

$$
\begin{align*}
F=\frac{n_{\mathrm{m}} v_{\mathrm{m}}}{4 \pi} \simeq & 9.1
\end{aligned} \begin{aligned}
& \times 10^{-9} \mathrm{~cm}^{-2} \mathrm{sr}^{-1} \mathrm{~s}^{-1} \\
& \times\left(\frac{\beta_{\mathrm{m}}}{10^{-3}}\right)\left(\frac{g_{*}}{g_{* s}}\right)\left(\frac{m}{10^{13} \mathrm{GeV}}\right)\left(\frac{T_{R}}{10^{6} \mathrm{GeV}}\right)\left(\frac{n_{\mathrm{m}}\left(t_{\mathrm{e}}\right)}{m^{3}}\right), \tag{70}
\end{align*}
$$

where $v_{\mathrm{m}} \equiv \beta_{\mathrm{m}} c$ is the average velocity of monopoles. Monopoles are accelerated by the gravitational or magnetic field of our galaxy. Gravitational field can accelerate monopoles up to the virial velocity, $\beta_{\mathrm{m}} \sim 10^{-3}$, and magnetic field can accelerate them up to $\beta_{\mathrm{m}} \sim$ $10^{-3}\left(M_{\mathrm{m}} / 10^{17} \mathrm{GeV}\right)^{1 / 2}$ [46]. Here we treat it as a parameter. If monopoles are heavy, $M_{\mathrm{m}} \gtrsim 10^{17} \mathrm{GeV}$, the galactic magnetic field cannot accelerate monopoles above the virial velocity and monopoles are clumped in galaxies. In this case, the number density and the flux of monopoles are enhanced by the factor of up to $10^{5}$ [46]. For the scale we are interested in, $\kappa M \simeq 10^{13} \mathrm{GeV}$, the monopole mass is $M_{m}=4 \pi M / g_{\mathrm{G}}>10^{15-17} \mathrm{GeV}$, for $\kappa \sim 10^{-1}-10^{-3}$. On the other hand, the monopole flux is severely constrained from the condition that the galactic magnetic field is not dissipated by the monopole from the very beginning of the galaxy formation. This is known as the extended Parker bound [47], which reads

$$
\begin{equation*}
F \lesssim 1.2 \times 10^{-16}\left(\frac{M_{\mathrm{m}}}{10^{17} \mathrm{GeV}}\right) \mathrm{cm}^{-2} \mathrm{sr}^{-1} \mathrm{~s}^{-1} \tag{71}
\end{equation*}
$$

This translates into the constraint on the reheating temperature,

$$
\begin{equation*}
T_{R} \lesssim 3.3 \times 10^{-9} \mathrm{GeV}\left(\frac{g}{0.5}\right)^{-1}\left(\frac{\beta_{\mathrm{m}}}{10^{-3}}\right)^{-1}\left(\frac{g_{* s}}{g_{*}}\right)\left(\frac{m}{10^{13} \mathrm{GeV}}\right)^{-1}\left(\frac{M}{10^{15} \mathrm{GeV}}\right)\left(\frac{n_{\mathrm{m}}\left(t_{\mathrm{e}}\right)}{m^{3}}\right)^{-1} \tag{72}
\end{equation*}
$$

if monopoles are distributed uniformly in the Universe, and

$$
\begin{equation*}
T_{R} \lesssim 3.3 \times 10^{-14} \mathrm{GeV}\left(\frac{g}{0.5}\right)^{-1}\left(\frac{\beta_{\mathrm{m}}}{10^{-3}}\right)^{-1}\left(\frac{g_{* s}}{g_{*}}\right)\left(\frac{m}{10^{13} \mathrm{GeV}}\right)^{-1}\left(\frac{M}{10^{15} \mathrm{GeV}}\right)\left(\frac{n_{\mathrm{m}}\left(t_{\mathrm{e}}\right)}{m^{3}}\right)^{-1} \tag{73}
\end{equation*}
$$

if monopoles are clumped in the galaxy. Note that $n_{\mathrm{m}}\left(t_{\mathrm{e}}\right)$ behaves $n_{\mathrm{m}}\left(t_{\mathrm{e}}\right) \propto c^{5 / 4} \exp (-2 c)=$ $(\kappa M / m)^{5 / 2} \exp \left(-2 \kappa^{2} M^{2} / m^{2}\right)$ at large $\kappa M / m$, but it has more complicated dependence on $\kappa M / m$ at the parameter region where we are interested in.

Now we turn to the possibility of direct detection of monopoles 36]. IceCube will be able to put the severest constraints on the monopole flux. It has a sensitivity to nonrelativistic magnetic monopoles thorough the catalyzed nucleon decay. IceCube (3-year) may have a sensitivity of monopole flux $[36]^{9}$,

$$
\begin{equation*}
F \sim 10^{-19} \mathrm{~cm}^{-2} \mathrm{sr}^{-1} \mathrm{~s}^{-1} \tag{74}
\end{equation*}
$$

for $M_{\mathrm{m}}>10^{17} \mathrm{GeV}$. Therefore, even if the flux of monopoles are lower than the current constraints described above, they can be detected by IceCube if

$$
\begin{equation*}
T_{R} \gtrsim 1.1 \times 10^{-16} \mathrm{GeV}\left(\frac{g}{0.5}\right)^{-1}\left(\frac{\beta_{\mathrm{m}}}{10^{-3}}\right)^{-1}\left(\frac{g_{* s}}{g_{*}}\right)\left(\frac{m}{10^{13} \mathrm{GeV}}\right)^{-1}\left(\frac{n_{\mathrm{m}}\left(t_{\mathrm{e}}\right)}{m^{3}}\right)^{-1} \tag{75}
\end{equation*}
$$

Here we have taken into account the clumped distribution of such heavy monopoles. In this case, we can prove (or disprove) the scenario, combined with the results from CMB polarization measurements to determine the inflation energy scale, as well as the reheating temperature of the Universe.

Figures 1 and 2 show the constraints on the reheating temperature. In the case of $\kappa \sim 0.1$, the monopole mass is relatively small, $M_{\mathrm{m}} \sim 10^{15} \mathrm{GeV}$. In this case, the magnetic field of the galaxy accelerates monopoles up to $\beta_{\mathrm{m}} \simeq 10^{-2}$, which exceeds the virial velocity and they are distributed uniformly. IceCube may not have sensitivity to such monopoles although careful estimation is required. In the case of $\kappa \sim 10^{-3}$, on the other hand, the monopole mass is around $M_{\mathrm{m}} \sim 10^{17} \mathrm{GeV}$. In this case, monopoles are clumped in the galaxy. We can see that these conditions are stronger than the constraint from the gravitino problem, $T_{R}<10^{6-9} \mathrm{GeV}[35]$, at $M \simeq(2-4) \times 10^{13} \mathrm{GeV} \kappa^{-1}$. We can also see that there are parameter regions where monopole detection can be expected by IceCube while these constraints are avoided.

Let us summarize the results of this section for the model given by (9) and (10). i) The case of $M<10^{13} \kappa^{-1} \mathrm{GeV}$ is incompatible with the standard cosmological scenario because

[^8]

FIG. 1: The allowed region of the reheating temperature (longitudinal axis) and the symmetry breaking scale $M$ (horizontal axis). Dashed (yellow) line suggests the IceCube 3-year sensitivity. Here we set $\kappa=10^{-3}\left(10^{-1}\right)$ on the upper (lower) panel and $\beta_{\mathrm{m}}=10^{-3}\left(10^{-2}\right)$.
monopoles would overclose the Universe. Note that it is possible to dilute monopoles by some late-time entropy production processes, which can be verified by future gravitational wave experiments [33] such as DECIGO [48] or BBO [49]. ii) The case of $M \sim 10^{13} \kappa^{-1} \mathrm{GeV}$ is the most interesting and the flux of monopoles may be within the reach of IceCube [36], depending on the choice of $\kappa$ and $T_{R}$. iii) In the case of $M>10^{13} \kappa^{-1} \mathrm{GeV}$, monopoles are diluted during inflation sufficiently and there are no significant effects on cosmology. As a result, if the PLANCK satellite [28, 29] or other B-mode measurements should favor chaotic inflation, the symmetry breaking scale would be constrained.


FIG. 2: The allowed region of the reheating temperature (longitudinal axis) and the coupling constant $\kappa$ (horizontal axis). Dashed (yellow) line suggests the IceCube 3 -year sensitivity. Here we set $M=10^{16}\left(10^{14}\right) \mathrm{GeV}$ on the upper (lower) panel and $\beta_{\mathrm{m}}=10^{-3}\left(10^{-2}\right)$.

## C. Realistic Models

Thus far, we have studied general features of phase transitions during F-term (chaotic) inflation. Then, a natural question is whether this mechanism can be embedded in specific models of SUSY GUTs. In this section, we comment on this issue using some realistic GUT models. We also note that in some symmetry breaking patterns, not only monopoles but also domain walls could be produced and the constraint would become severer than our estimate in the previous section.

One of the simplest candidates of SUSY GUT is an $S U(5)$ model [50]. In this model, we can realize the symmetry breaking $S U(5) \rightarrow S U(3)_{c} \times S U(2)_{L} \times U(1)_{Y}$ by introducing an
adjoint Higgs multiplet $\Phi$ and assume a superpotential, such as

$$
\begin{equation*}
W=S\left(\mu^{2}-\alpha \operatorname{Tr} \Phi^{2}\right)-\beta \operatorname{Tr} \Phi^{3} . \tag{76}
\end{equation*}
$$

However, this model turns out to have separated minima with different gauge symmetries, namely, $S U(4) \times U(1)$ and $S U(3) \times S U(2) \times U(1)$. In our scenario, Higgs field can fall into both of the minima. These minima are topologically disconnected and hence domain walls should be formed as well as monopoles. Thus we do not have a consistent cosmological evolution scenario in this case, unless the symmetry breaking occurs well before the comoving Hubble scale today left the Hubble radius during inflation. Thus we cannot hope to detect magnetic monopoles.

On the other hand, the Pati-Salam model [51], $S U(4)_{C} \times S U(2)_{L} \times S U(2)_{R}$, which is broken by two Higgs multiplets, $H=(4,1,2)$ and $\bar{H}=(\overline{4}, 1,2)$, is applicable in our scenario. The superpotential is given by

$$
\begin{equation*}
W=\kappa S\left(H \bar{H}-\mu^{2}\right) \tag{77}
\end{equation*}
$$

This model has a $S U(3)_{c} \times S U(2)_{L} \times U(1)_{Y}$ vacuum at $|H|=|\bar{H}|=\mu$. For these fields, there are only three degree of freedom in the D-flat direction. Therefore, the pattern of symmetry breaking is unique. During the course of this phase transition, monopole production is inevitable and hence our scenario discussed in the previous section can be applied. It would be interesting to seek for other models with the same symmetry breaking property and investigate their phenomenology. This is left for future study.

## IV. CONCLUSION AND DISCUSSION

In this paper, we have studied phase transition driven by Hubble-induced mass in supersymmetric F-term inflation models ${ }^{10}$. We have found that in supersymmetric F-term inflation models the breaking scale of GUT and other intermediate symmetry group, which is associated with the production of monopoles and domain walls, are constrained to be larger than the Hubble scale during inflation, because the Hubble-induced mass inevitably arises in supersymmetric F-term inflation models [18]. If future CMB observations such as PLANCK [28, 29], QUIET+PolarBeaR [30] or LiteBIRD [30, 31] will detect the $B$-mode

[^9]polarization and determine the inflation energy scale, we can directly constrain the symmetry breaking scale. As a concrete example, we have focused on the chaotic inflation model because its energy scale is rather close to the GUT scale and we studied the monopole production in detail. We have obtained constraints on the symmetry breaking scale in order for the monopole abundance produced during the course of inflation not to contradict with observational bounds. If the symmetry breaking takes place close to the end of chaotic inflation, future experiments such as IceCube [36] may be able to discover the signatures of monopoles.

We have opened a new window to constrain GUT or other unified theories by considering the phase transition during inflation. This study relates the CMB observations to the experiments dedicated for direct detection of monopoles. As a theoretical issue, it may be interesting to investigate phenomenological aspects of concrete GUT models such as the Pati-Salam model [51] in the light of our suggestions.

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[^0]:    ${ }^{1}$ This problem is also discussed in the context of hybrid inflation models based on SUSY GUTs [9-11].

[^1]:    ${ }^{2}$ Scenarios where phase transition takes place at a late stage of inflation by introducing a coupling between the Higgs field and inflaton [25, 26] have also been proposed, although some of which focused on the cosmic string formation.

[^2]:    3 Here $\phi_{\text {inf }}$ should be regarded as the field whose F-term dominates the potential energy during inflation. It necessarily does not coincide with the inflaton in a usual sense, which is a slowly rolling scalar field in the potential.

[^3]:    ${ }^{4}$ Inflation models embedded in the SUSY-breaking sector are discussed in, for example, Ref. [39].

[^4]:    5 Notice that the term $\epsilon S \Phi^{2}$ in the superpotential is allowed by these symmetries but it breaks the shift symmetry of $\Phi$. Taking the inflaton mass $m$ as an order parameter of the shift symmetry breaking, we expect that the coupling constant $\epsilon$ is suppressed enough, say $\epsilon \sim m^{2} \sim 10^{-10}$ in Planck units. Thus, the following discussion does not change.

[^5]:    ${ }^{6}$ If there exists a nonminimal Kähler potential like $k|X|^{2}|\Sigma|^{2} / M_{G}^{2}$, the Higgs field receives an additional Hubble mass correction. This does not modify the following arguments as long as $|k| \lesssim 1$.

[^6]:    ${ }^{7}$ Here we have neglected the quartic term in the potential. This can be validated when $\kappa \ll 8 \sqrt{2} \pi^{3 / 2} c^{3 / 2}$. This condition is derived from the condition that the minimum of the Higgs potential at the number of $e$-folds $\mathcal{N}$ is larger than $\left\langle\sigma^{2}(\mathcal{N})\right\rangle^{1 / 2}$ at small $\mathcal{N}$.

[^7]:    ${ }^{8}$ Here we use the fact that $H=H_{0}-m^{2} t / 3$.

[^8]:    ${ }^{9}$ For the constraints on the flux of relativistic monopoles, see Ref. 40]. Latest constraints by ANTARES are given in Ref. 41]. For the prospect of the constraints by IceCube, see Ref. 42].

[^9]:    $\overline{{ }^{10} \text { Formation of cosmic strings in the same mechanism will be discussed elsewhere 52]. }}$

